

The Rabbi Daniel Lapin Podcast

Episode: *What If You Did Not Marry "The One"*

Date: 01/21/22 **Length:** 35:58

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TRANSCRIPT

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00:00

Welcome to the rabbi Daniel Lapin show where I, your rabbi reveal how the world or really works. Thanks for being part of the show. Thank you for helping to promote the show, as you're always doing so effectively. And thank you for being a happy warrior. Happy. Yeah. Because happy is a decision. Happy is not subject to external circumstances, happy regardless of whatever is going on in your life happy is a state of mind you decree you know why? Because you are captain of your own ship, you are the one who decides what your mood is like. And one of the very best ways of making sure that you are in a happy frame of mind all the time. Because what right do you have to impose your miserable mood on the people you live with? And the people that you work with? What possible, right? Do you have to pollute their world?

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With your misery and your unhappy feelings? No, you're not allowed to do that. It is a moral obligation on each and every one of us to be happy. How do you do it? You do that by expressing gratitude. start off your day, I've told you this before. But even if you're skeptical, even if you think this is rabbinic smoke and mirrors, even if you think I am pulling the rabbinic wool over your eyes, try it start off every day, by writing down a few things for which you're grateful. Really, I mean, even before you get out of bed, have your bunch of three by five index cards held together by a rubber band, I've shown you how to do this, and have a pen there. So thoughts occur to you during the night you can jot them down, but come the morning. And you just you just have to say, here are the things I'm grateful for. You know, if you are lucky enough to be a religious person within a relationship to God, then you might just start off by saying thanks God, for returning my soul to me and letting me wake up this morning, feeling refreshed. And it's a new day with new possibilities. The the worries, the fears, the frustrations, the challenges of yesterday, are put into perspective and I'm raring to go thank you if you're not yet religious, then you know, maybe it is just being able to get out of a nice, warm, soft bed, instead of you know, off something really unpleasant. And, and all the many other things. So write down three, four or five things in the morning before you get going. And that sets you off on a happy mood right away. It makes it a lot easier to force yourself to be happy. This is one of the things that happy warriors master. Alright, the exactly the same way as it's like a big celebration when you have a baby and you raised the baby. And finally, you get to the point where the baby is no longer letting loose in its diaper or in its nappy, as we say on the other side of the Atlantic. And the the baby is now at a point where it goes and sits on the potty. Wow, this this is a huge celebration, this is a big step forward. Because the baby is

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able to control itself. Right? Well, that's what a happy warrior does, exerts control over himself or herself. Not on a baby level that's good for babies. But on an adult level. One of the most challenging areas that we exert control over ourselves is of course, in the area of making ourselves be happy. And so that is a really, really important step something that a happy warrior undertakes happiness is a challenge. It's a moral obligation. And then to be a warrior means that you're willing to work on yourself. What is your biggest project right now? It's your biggest project is you. Your biggest project is working on yourself. Biggest project is demanding more of yourself. Making more of yourself becoming more of yourself becoming more disciplined, more generous, and becoming happier. Becoming a good husband, a good wife, a good sibling, a good friend. All of these things, building building up your

05:00

Your communicative ability building up increasing your eloquence and your ability to effectively communicate, building up your physical strength, your endurance, there is so much to work on. It's a huge project, it is your biggest project, and it is your most important project. That's what a happy warrior is. Somebody who happily works on himself or on herself, to make more of ourselves. It's it's a wonderful thing. And it is the most exciting challenge of life. It's a wonderful thing. Don't Don't put it off any longer. And another thing that we should talk about and something I want to tell you about, it has to do with marriage. Did you marry the right person? Did you marry the person you were supposed to marry? Did you marry the right one? Right? It's an important question, right. And I'm going to explain that. But first of all, I want to do something even more important right now. And that is if you haven't already, and this I think would probably be most of you. If you haven't yet listened to my two hour audio program, prosperity, power, connect for success. It's called prosperity power, connect for success, then this little go boost your income.

06:33

It's three spiritual strategies for financial abundance. And you know exactly how to do this, go to the website, Rabbi Daniel Lapin.com. And go to the store section. And you're looking for two audio programs that you'll download these right, you'll just download them straight to your to your phone or to your player or to your computer. And this way, you can listen to it as many times as you want to more important you can listen when you want to. So you might be working on your F for fitness, you might be running, you might be in the gym, you might be working out, you might be doing situps on the floor, whatever you're doing, you could then listen to these two programs, it's about three hours of instruction. And it's not stuff I'm able to do or will do on the podcast. This you need to get hold of yourself and, and the whole the whole thing, by the way, the prosperity power Connect for success is 15 bucks, the boost your income is \$10. And you will find that to be the best \$25 You spent or maybe you've already got one, you'll only get one, it's going to be the best thing you've spent money on in 2022. For sure. So Rabbi Daniel Lapin calm, and go over to prosperity, power, connect for success.

08:01

Make sure you get that downloaded, get boost your income and get that downloaded. It's I'm recording this message early in the year it is still January. And it's time already to put this year on a new track in a number of different areas. One of the areas is marriage, you are either married, or you're not married. If

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you're not married, you're either not married yet, or you have been married. And here is the big question. And I have to be very direct and very specific. Because this is something that impacts everybody. I'm telling you something very true. But it's also something you're not going to want to hear. And this is another aspect of the happy warrior. The happy warrior has his happiness as a function of his internal regulatory mechanism. In the same way that we reach a point as little kids of learning to not let fly when we need to wherever we are, but to hold it in until you can get to a bathroom. So it is a happy warrior in exactly the same way holds in his unhappiness holds in his grouchiness, his wind Enos and make sure you keep a smile on your face even when you're on the phone. You answer the phone. It's a friend of yours and he says How you doing? And your answer by habit is

09:43

I had such a problem this morning. You can't imagine what my brother did on my father, did you Okay, or put a smile on your face. And don't sound as if you are bearing the weight of the world on your shoulders.

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Because the way you sound is the way you will be impacted because you know who he is you better than anyone else. I promise you, you may believe that other people listen to every word you say. But even if I don't believe that you certainly shouldn't know, there's only one person who listens to everything you say, and that's you. And when you hear you whining and grumbling and complaining, and talking as if the weight of the world is on your shoulders, well guess who gets influenced by that you exactly. So just remember what the obligations of a happy worry are. And remember the obligation to be happy. And remember the obligation of a warrior to fight to constantly be focused on trying to work on your biggest and most important project you making you a bigger and better human being in every way, a better husband, a better wife, a better man, a better woman, a better son, a better daughter, a better friend, a healthier and stronger person, a person who is less self indulgent than you used to be yesterday, a person who is more self disciplined than you were yesterday. All of these things are part of the challenge of being a happy warrior. So we go ahead and make sure you download from Rabbi Daniel Lapin calm, go to the store, to audio programs, boost your income, and prosperity, power Connect for success. I explained. A few weeks ago on the show, I spoke about how important it is for people to start thinking seriously about secondary streams of revenue. And one of those is you know, you start a business even if you already have a job, but you start something else. And what how do I explain the tremendous power that comes from connecting with somebody else, the tremendous power that comes from being able to build a partnership with someone else who has strengths that you lack, and has weaknesses where you've got strengths, and you are able to put together something that neither of you could possibly have done on your own? Now,

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I also want to speak about marriage. Because this impacts all of you, you are not yet married? Fine. You are already married? Fine. You have been married. Okay?

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Does that mean? Nothing for the future? Let's try and get to the bottom of this. Here is the big question. And here is where I have to count on speaking to a happy warrior. I would not be saying what I'm about to say now, in a general audience, I wouldn't, because I don't think everybody can handle it. But a happy warrior can handle hearing things that produce cognitive dissonance. A happy warrior is capable of hearing things that bring about a certain tension and cause a certain preferred preference for rejecting

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a happy warrior can hear it so I'm going to tell it to you right away. And that is that there are two views on marriage. One is true, and one is as false as the tooth fairy. The one that is false is that there is one person waiting for you out there. And your romantic destiny is to when you're weary way through life until Yes, you meet your destiny and that one. And it's really sad for me when I have men and women's call me up Rabbi Lapin I think I met the one last night. And it falls to my broad shoulders, my friends, to assume the burden of letting them know that they are victims of mass delusion. It has been perpetrated in recent years the last few decades by Hollywood. But it existed before that as well. And that is there is just this one this person now. What is the truth? The truth is quite different. The truth is that within certain limits in other words, there's got to be the

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possibility of physical attraction between a man and a woman. But it doesn't have to start off as off the charts.

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But given the potential for physical attraction, and given that the man is not a boy, but a man, and, and that, by the way is, is a very big given that that is a huge assumption because most males walking around, certainly in the United States of America, a very heavy proportion of them are not men, there are boys.

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And actually, I don't know where else in the world there is such a heavy preponderance of adolescents, adolescent males over the age of 40. So you've got to be careful. But given that the male is a man, not a boy, and given that the female is not a indoctrinated feminist, but is is somebody is a a woman who has retained a sweetness and a goodness, given that

16:11

you'd be amazed how many people could marry and make wonderful married couples. So will your life turn out exactly the same way? Regardless of who you are? No, of course, there'll be variations. But that question of a happy marriage, that does not depend on who you pick, you can pick many, many, many people and decide to marry them and end up with a deliriously happy marriage and a lovely family. This is a shocker for people to hear. But it's absolutely true. Let me give you just one example of the distortion that results from the other approach. Oh, there's only one person destined for me. This is the one that God Himself set aside for me. Okay, that's not true. Even though in the Jewish tradition,

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there is a widely misunderstood piece of ancient Jewish wisdom that says 40 days before a person is born, a heavenly voice decrees, so and so for so and so. I don't know the more widely misunderstood piece of ancient Jewish wisdom, it absolutely does not mean that there is one person destined for you. I mean, just think about it. What happens if you make major changes in your life? Let's say, let's say you change religions? Well, you got to marry somebody of the same religion. Come on. I mean,

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really? Of course. And so. And so if there was somebody set aside for you yesterday, well, today, it would have to be something else something entirely different. Now, that is not correct.

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And if you must know what it actually does mean, what it means is that the quality of the person you get will be proportional to the extent which you work upon yourself, the extent to which you accept in your life, the project of becoming a bigger, better human being. And, and so the the kind of person that you will attract will change as you grow. And as you become a better person. That's pretty clear. But but here's the distortion that sets in just imagine that, you know, like, like every single married couple, you hit a rough period, rough patch, it happens. Sometimes it's external pressures. Sometimes it's internal pressure. Sometimes it's something that one or the other, or both of you have done, it happens. Now, if you have been sad enough to have been effectively indoctrinated with the silly notion that there is only one special one for you, Well, now's the time where you say to your spouse at worst, or to yourself at best, I've married the wrong person. It's all over. This is now clear to me. We've been married for seven years, and I've been willing to give it my best shot, but now I realize I just married the wrong person. Look, That's complete nonsense. It's unadulterated bilge water. And it's perfectly clear that that is not the way to run a marriage. perfectly obvious because it is such an easy out that no marriage ever would have worked in history. If I could have said with some conviction, well, I guess I just married the wrong girl. I just did I you know, it's sad. It's unfortunate, but the best thing I can do now is cancel it and try and start all over again.

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Okay, that's what happens when people believe this noxious nonsense that there is one person waiting for you. And when your eyes meet across the room, it'll be instant love and passion. And we will both know we have each found the one. Oh, my goodness, I, you know, I don't want to be in more nasty and meaner than absolutely necessary. But that is pretty lame. And it's just sad. How many people believe that. And it's even sadder. How many lives have been damaged by this noxious belief. And it's sad how many marriages have endured agonies that didn't have to happen. As long as people are certain let me give you the right model. So the right model is that,

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you know, I, I find you very attractive, and I'm happy to hear you, you find me attractive.

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I am going to, I'm going to be my best to me, man, I want the privilege of being your husband, you are for your part will accept to be sweet and loving, doesn't mean you won't ever get angry. It doesn't mean you will never lose your temper. But essentially, you're a good person that finds joy in surrendering to a man. And you are a good woman who finds happiness in building a cocoon of tranquility and security that we call a home. Great, we're going to get married.

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We were going to hit a rough spot. Okay, fine. So we've made a commitment. So the rough spot is a rough spot. You know, it's like when you run out of blacktop, and they've been working on the road and you have to do a mile or two on gravel. You know not great for your car, not great for the paint job, not particularly comfortable for for you for the passengers in the car, you keep going. And eventually you come to the end of the gravel you back on smooth running blacktop. Right, that's, that's how it works. And so when you do this, right, and the the two spouses or maybe you don't, maybe one is just so upsetting and out of control for the moment that he or she can't even think of it. Well, the other one says to him or herself, hey, you know what, I get this, right, we've hit a rough spot, we can reset, to use a word that

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sacral one time Secretary of State Hillary Clinton,

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rather foolishly used with,

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with Vladimir Putin in row a reset and but in marriage, it does make sense. In other words, you can remarry any day you can be married for seven years. And you can say you know what? I want you and I we are going to do whatever it takes, we're going to go away for three days or two days, maybe only one day, we are going to have a private marriage retreat, we are going to reset our marriage. We've both fallen into lazy behavior patterns. We're taking one another for granted. We're not looking after our appearance, we're not looking after our health. We're not looking after our privacy, we're not looking after how we treat one another. It's time to re imagine the the core vision of the marriage. That's what we have to do. And that's what we're going to do. So this this, this is something you can do. But if you believe foolishly and wrongly that oh, there's a special one person set aside for you. Well, it's all over at that point. What what's the point in resetting? What's the point in having your two day marriage retreat? It's all over because obviously, you aren't the right person. For me. This is, as I say, adulterated bilge water. And, and so it's really important to get this together. So if you're not married yet, if you are married, or if you have been married, and are either in an advisory role for younger people who are just getting married, or maybe you're thinking of remarrying. And you say, Why would I do it? It didn't go well, last time. Well, the reason is when you got married last time you subscribed to the foolish Oh, there's one person in the world for me and we fell in love and that's how we knew we're meant for each other.

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Does that noise me speaking like that irritate you as much as it does me? Sorry. But it's, it's my attempt to demean that line of thinking. So as that no happy warrior falls

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Pray to this destructive model. No, absolutely not. That's not out works. It's that a man and a woman, as long as they find one another, compatible and, and

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appealing and attractive. And one, the man is not a boy, but he's a man. And the woman is not a silly little girl, but she is a grown up girl or a grown up woman. Yeah, absolutely. So I was just listening to a couple talk a little earlier today, telling me he is 28 Uh, he was 28 when he got married, she was 21. And, you know, and and one of the questions that came up was, you know, she was only 21. How did you? How did you know she could handle marriage? Well, I'll tell you one thing. 21 year old women are far more frequently capable of handling marriage than 21 year old guys are. And I wish I could send that off to 21 every guy becomes a man. No, not so there is a difference. And, and becoming a man is an absolutely vital precondition, in order to be able to marry and to marry effectively and beautifully. So as hard as it is for you to hear it, you are a happy warrior. And you can hear if you really work at it, you can try and wrap yourself around this concept. That marriage is when you make a decision and a commitment. And that it doesn't require any one particular person.

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What is created in that unity will be unique to the two of you. Absolutely unique and very special. And it can't be compared with with any other it is unique to you and your spouse. And you create a relationship, a marriage and ultimately a family. That is a function of your values. And so wonderful thing. And it is something that whether you are yet to be married, whether you are maybe thinking of remarrying and want to understand what you messed up with last time, then these are things you understand, and most importantly of all, if you are married,

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look, I don't have to have close first hand knowledge of you, in order to make the following statement. Because you know, it's true. It's true for me, it's true for you. And that is your marriage could be better than it is, no matter how good it is. And I pray that you have a wonderful marriage already. But it could be better.

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And how do you make it better by both of you absorbing this fundamental principle that it is not the result of having chosen found pick the absolute one person in all of creation, waiting for you know, not at all.

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Something that guys say all the time I hear it repeatedly. And that is marriage is a crapshoot. Marriage is a gamble. Marriage is like flipping a coin because 50% of marriages fail and so and when they do the courts take the look I hear this stuff again and again and again and again and over. Look, it's completely irrelevant.

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To regard the statistics of the country you live in or of any other country as being in any way determinant for you. Is is ciliates immature thinking. Let me give you an example.

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My wife, Mrs. Lapin Susan Lapin and I are blessed to be raising seven children. Now. It wouldn't be hard for you to believe me if I tell you that not five miles away from us. There is a nother woman also raising seven children. There's a big difference between that woman and Mrs. Lapin that woman is not married. She's never been married. Her seven children were all impregnated by seven different men, none of whom are with her today. And with Mrs. Lapin. It's been a little bit different. So, as far as statistics are concerned,

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the statistics will say 50% of families they call everything a family today 50% of families in America with seven children

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I suffer from poverty and malnutrition.

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So is that a reason for my son? Not to get married? What about my daughter? My daughter has seven children. So is she now? Did she win this lucky crapshoot? Wow, 50% of women with seven children have poverty and malnutrition. But she doesn't she just lucked out she had a 50%. No, you don't understand it's two completely different cultures, there is no point of contact between a a woman who is under the influence of alcohol and drugs, whose children are not looked after by anything other than the television set. And who each of which was fathered by a different long gone, man. There's no relationship between that. And shall we say, a beautiful Catholic family in in, you know, Fredericksburg, Maryland, and who are the who are living there and seven children raising HR and five, six, whatever, there is no relationship. So consequently, when guys say, oh, you know, 50% of marriages end in divorce. And so why would I go along and do and get married? Look? The answer to that is twofold. Number one, the statistic is a lie. It was it was a made up figure, which has since been quoted again and again. And again. The actual figure, however, is pretty bad as well, the actual figures about 28% of marriages in divorce, for first marriages is actually a little bit less. Those figures take into account multiple marriages where the rates of divorce are much higher. That's true. They don't have to be, but they very often are. So so for a man to say, well, if I get married or be this and no, it's exactly like anything else. I'm speaking to the guys. Okay, my dear male happy warriors. Marriage is like making an omelet. Not that you have to break an egg to get married. But if you don't know what you're doing,

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you're going to make a mess of it. It's not that easy to make a good omelet. It's not that easy to do a perfect poached egg. I'm into egg recipes now. But and so somebody do you know that 50% of the attempts to make a poached egg and in failure? Well, that's a good reason for me not to try poached egg for breakfast tomorrow. No, it isn't. It's that people who tried without knowing what they're doing mostly fail. And those who know what they're doing mostly succeed. It's really not that hard to understand marriages exactly like that. If you know something about how marriage works, you've been a longtime happy warrior. You have read and studied my material, then I'm not worried you get married, you're going to be just just do great. Particularly if you have a wise mentor for your marriage as well. Also part of making the omelet correctly. Yeah, it's silly that you that you don't you don't have the the 50% marriage failure rate or 30% marriage failure, right? It's utterly irrelevant to you. It has nothing to do with your life.

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And so that is a really important thing to understand. When people get married entirely on the basis of oh, we fell in love. We were meant for one another the minute we saw each other we know we've been destined from the moment of creation, the Big Bang, we've been destined to meet one another. And now we have, and a few years later, it's Oh, so yeah, if you sent about it badly, if you don't have the faintest idea of how a marriage works. If you've had no instinct, isn't it bizarre? How many people get married without getting any instruction whatsoever? Yeah, because they do it on the basis of instinct. And instinct is fine for camels and cats and cows and kangaroos. But instinct is a really bad guide for human beings are really bad guide. So it's a really important point, my friends, please jettison immediately, that cultural cocoon of romance.

34:33

It will stop you marrying effectively and well. And if you are already married, it'll stop you from improving your marriage and turning it into everything it could actually become. And so go ahead, please and make sure that at least on the financial front, yes, finances have an enormous to do a part to do with marriage. That is the secret of my free ebook on my website called the holistic you which is the

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All your five F's are linked. Very, very important and yes, finance and family. Very, very absolutely connected finance and romance, marriage and money. Absolutely. So get a clear handle on money. Go to the website there's a special price for listeners to the rabbi Daniel Lapin show. It's on prosperity power Connect for success. That's two hours of instruction and one hour instruction in boost your income, three spiritual strategies for financial success. Those are on the website. Waste no time. Get them now and until next week. Until next week, you have a great week of growth and progress making yourself a bigger and a better human being. Building up your family, your finances, your faith, your friendships and your fitness. I'm Rabbi Daniel Lapin. God bless