

The Rabbi Daniel Lapin Podcast

Episode: *Tuesday Night The Lapins Ate Pan Seared Cod Fish*

Date: 02/17/23 **Length:** 48:04

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SPEAKERS

Daniel Lapin

TRANSCRIPT

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Daniel Lapin 00:00

Greetings, happy warriors, and welcome to the Rabbi Daniel Lapin show where each and every happy warrior is welcome. And I remind you of the beautiful English poets poem, William Wordsworth wrote a poem about the happy warrior, which is from where I, I got the idea. And Wordsworth wrote, "who is the happy warrior who is he, that every man in arms should wish to be? It is the generous spirit, who in brought finds comfort in himself and in his cause. And while the mortal mist is gathering draws his breath in confidence of Heavens applause, this is the happy warrior. This is he that every man in arms should wish to be." It's a little bit like another lovely poem called Invictus, by William Ernest Henley, and the closing lines are that "I am the master of my fate. I am the captain of my soul." Isn't that beautiful? We're not victims. We're not passive. We're not tennis balls floating down the gutter of life? No, we are happy warriors. And it is indeed my honor to serve you all. We're all happy warriors whether man or woman because to live productively, you have no option do you have to fight every day? against the force of entropy if nothing else, you fight to maintain your possessions. You fight to build and maintain your family and your money, your body and your business, profession or career.

Daniel Lapin 02:03

You see God created a world in which chaos and disorder rule. I refer you to one of the most important verses Genesis chapter one, verse two. Everything was Tohu Bohu. And that actually is a word that is found in the English dictionary, although what I just read was The Hebrew word, meaning chaos and confusion. Yeah, life is a fight. And that is a good thing. To stop fighting and to stop seeking and to stop striving and trying to accomplish. Well, that's to die. And I call you not just warriors, but happy warriors. Because to throw yourself into the fight for eight or 10 hours a day, six days a week. Well, that's one thing. But to do all of that, with a debonair smile on your lips, and a jaunty pace to your stride, to do all that while generating an irrepressible surge of happiness welling up in your soul. While that means that you are spiritually grounded in everything that is life-affirming, devoted to your faith, your families, your finances, your fitness, and your friends, knowing that you can triumph over those who both intentionally and unknowingly promote a dark abyss of satanic, secular socialism, and all the many destructive and evil social pathologies that a generates. And pretty much wherever you live, you can just look around and see how very true that is. Now, I dare say that some of you are a little bit alarmed, after all starting

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the podcast, not with one piece of poetry but two not just the happy warrior of William Wordsworth. But Invictus of William Ernest Henley. I am the capture of my soul, I am the master of my fate. You are probably thinking to yourself that this show is going to be going a little highbrow and we're going to be talking about poetry. So I thought to immediately put your minds at ease.

Daniel Lapin 04:33

I'm going to talk about the dinner that Mrs. Lapin and I enjoyed last night. You see, we decided that we would like to have a dinner of fish. And so I - Please note that not Mrs. Lapin. But I, your humble rabbi was additionally humbled yesterday evening by a trip to the fishmonger where I was fortunate enough to be able to purchase a pound and a half of cod. That's right, cod. Odd Have you heard of Cape Cod in Massachusetts, in the United States? Well, that's, that's named after a fish called the cod. And this if you ever buy fish and chips in England, and when I was a student in the United Kingdom, I most certainly ate fish and chips. And, by the way, for it to be proper English fish and chips from that vintage, it needs to be wrapped up in a newspaper. And just to clarify, and the fish was always caught, right, potato, fried potato fries, and caught. As a matter of fact, COD has served as one of the most staple foods of all of Europe, for a good few 100 years from before Columbus discovered America in 1492. Well, before that, Europeans were eating cod, there are a few reasons for it. And in first of all, the fish at its best, you know, grows to about six foot and can weigh about 200 pounds. It's a, it's a big fish, that would be a big example. They're not easily found at that size anymore. But the flesh of the fish is delicious. It is not very bony. And it's not a very deep water, fish. 200 To 600 feet is where they like to hang out. And it's almost as if the good Lord created the code specifically to feed people. I guess he did. And because the cod makes very little attempt to escape, if one gets him on the hook, well, he pretty much stays there. He gives up the ghost there and then, and this remarkable fish, the cod, served as one of the main sources of protein in the diet of Europeans. All from Iceland, down to France at the Mediterranean. For hundreds and hundreds of years. As a matter of fact, they used to send out fleets fishing for cod, and they used to range through the North Sea and westwards into the Atlantic all the way up to Iceland, they bring it back.

Daniel Lapin 08:02

Meanwhile, the absolute lords of the cod, the Wizards of the cod, were the Basque people. The Basque people are a group of people living in an a sort of autonomous area in Northwest Spain, and also southwest France, bordering on the Bay of Biscay. And they've been political problems over the years because they do not consider themselves Spanish and they do not want to be governed by Spain. And so at the moment, they've got a sort of tenuous peace worked out. But they are very ancient people. They're also very industrious and very effective. There the gross domestic product in at least the well, yeah, the Gross Domestic Product averaged out on a per person basis for the Basque region of France. It's about 20 to 30%, higher than Spain as a whole, and the whole of the European community. What's more, they have their own language. And here's the fascinating thing. It's quite mysterious. I don't fully understand it myself. But the language they speak is not it sounds nothing like Spanish. It doesn't appear to be related to Spanish. In fact, it's not even an indo European language like you know, Spanish, Italian French. So exactly how that language came into being

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Daniel Lapin 09:44

is somewhat unknown and certainly unsure but that they are an ancient people is for sure. And they used to be quite intrepid sailors and they used to hunt whales. And because there was no refrigeration, dried, fish, dried meat salted, all of these were the way in which people were able to store food. And the rest of Europe, you know, as I said, he's going to fish for cod, because it's bountiful. And it's very, very nourishing. And it's tasty. By the way, I can tell you the way I prepared it, yes, you heard it, right. I know as much about cooking, as a circus clown knows about neurosurgery. But I cook the cod. You know, you follow a recipe, right? I just take instructions and obey. That's all I did. But it was magnificent, absolutely, it's a wonderful fish. And sure enough, for hundreds and hundreds of years, Early Middle Ages and onwards that we know of. salted cod was an absolute staple. It was traded, it was shipped around and traded for other things, it was a hugely valuable commodity. And the Basques somehow or another were dominating the the cod market, they were their ships would leave in the spring, come back six months later in the fall. And not only were they loaded with cod, but they were loaded with cod already salted and dried. So they must have had some place where they found the cod and landed, which they could land and you know, set up drying stations. And because it was so much more economical to sail back dried cod, then the fish themselves because you're not, you're not dragging back all the pot that's going to be wasted. Although in Europe and in America, the waste parts of cod that were not converted into food became hugely important fertilizers for agriculture played a big, big role in the developing of the New England colonies and their agricultural abilities. Because the natural soil, there wasn't that great. But with the addition of the fertilizer made from leftover cod, it was great. But anyway, the best people their chips were loaded, you know, they were not carrying excess water or fish tails or anything they were, they were just carrying dried, salted cod ready for the market. And they dominated nobody knew where they got it from. And the best surely weren't telling anybody. So they became the masters and cod became traded through something that was called the Hanseatic League, a federation of a about a dozen towns and cities around the North Sea and the Baltic that had trade agreements with one another, and not surprisingly, Hanseatic League cities became very wealthy. And cod was a part of what they traded. And as I said, cod, really to me, from what I knew, of course, always seemed to be part of God's plan for nourishing human beings, you know, just on the basis of tasty, wonderful, beautiful, flaky meat, and, and also easy to catch, and sizable, just fantastic. Fish, by the way, are created on not the sixth day of creation, when all the animals and the beasts of the field and human beings are created going back to Genesis. Fish are created on the fifth day of creation. And in fact, they are the oddly enough unique in that they are given a blessing of being fruitful and multiply during that fifth day of creation. What's that all about? And the answer is something that I speak about in one of the most exciting things I've created in the last 10 years.

Daniel Lapin 14:25

It's called Scrolling through Scripture, and it's an online program. Now Scrolling through Scripture, one actually takes us through the first 34 verses of Genesis. Why the first 34 When the first chapter has 31 verses, why don't I do it by chapter and I explain how chapters came into being and why it is that the natural conclusion of the first account of creation in the Bible is not chapter one, verse 31. It's chapter two, verse three. And there is something remarkable that characterizes all the verses in the section, including the first three verses of chapter two. One of the ways we know that it belongs to the account

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of creation found in chapter one. And, by the way, this, this Scrolling through Scripture, and it's about 10 hours of instruction, and it's really, really exciting. It's, it's all the foundation of what you need to know, before starting a study to understand God's message to mankind. All the foundational principles of the Bible are found in those first 34 verses. And I lay them out in great detail, specifically for non-Hebrew speakers. But what I do is I give you access to the information that is derived from the data embedded in the Hebrew and, it's accessible and wonderfully illustrative, very important for everything else, you're going to go on to study, whether you're going to do Psalms or Proverbs, whether you're going to do the book of Ezekiel, or Jeremiah or Isaiah, or you're gonna do Deuteronomy and Exodus, whatever it is, the first 34 verses are critical. And you can get that very painlessly and very enjoyably from Scrolling through Scripture. So go and look at it, read about it, you can even take a look at a free initial lesson just to get a flavor of what it is how I teach. And, and here's the best thing of all. Right now, there is an unprecedented sale, we've never had an opportunity to do a sale like this, but you need to write down the coupon code needed to get a fantastic reduction in price. So I'm going to tell you the coupon code, it is s T s, meaning scrolling through scriptures, STS, the number one STS one, and then FEB for February 2023. So it's STS one, Feb 2023. Scrolling through Scripture, right, STS, the number one STS one, then the three letters, F, E, B, for February, and then 2 zero 2 three for the year. And using that, so just go to the website, Rabbi Daniel lapin.com. Search for Scrolling through Scripture. And you'll have an opportunity to listen to the tour part of the program. And you'll have an opportunity to order it and get it immediately using that particular coupon code. So make a note would you have sts one, Feb. 2023. And you can't go wrong.

Daniel Lapin 18:18

So yes, fish are very, very interesting. Now, am I telling you all of this for no other reason than to make your mouth water and to make you envious of the dinner that Mrs. Lapin and I enjoyed last night? No, not at all. And cod, really played a huge role in the development of the colonies. But that's jumping ahead a little bit. Let me go earlier back to the 13 and 1400s. everybody's wondering, you know, meanwhile, cod is feeding Europe. But it's not that easy to catch only because, you know, they're fishing in the North Sea and, and the waters around Iceland. And then they're bringing it back in its fish form. So they got to get back quickly. And it's got to be prepared and dried and salted. So it's not easy. But the Basque people, they're on the shores of the Bay of Biscay. They are producing salted cod, and trading it and growing rich, providing it for the rest of Europe. Nobody can figure out everybody wants the big secret of where the bests are getting it from. And it wasn't until 1492 that Columbus finds what he believed were islands that lay off Asia, but it turned out to be North America. And they found not only North America, but the people who came in the footsteps of Columbus found in addition to North America, they found cod, lots and lots of cod, and vast stretches of shoreline, where they could hang it up to dry and they could salt it. And they found something else. This was really interesting. So, so there they are in the footsteps of Columbus. And there's a guy called Jacques Cartier, just like the jeweler, Jacques Cartier first visited the mouth of the great St. Lawrence River, in 1534. So you know, about 42 years or so after Columbus. And he claimed that land for France, which is why to this day, they speak French in Quebec. And he wrote in his diaries, that he says he counted more than 1000 fishing boats that were all best fishing boats, catching cod like crazy, and taking it to show where they were drying it out. And so the secret was out. From all the way from Newfoundland, all the way down to

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Massachusetts, Massachusetts, in North America, on the Atlantic coast. There's a series of shallow banks. It's like underwater, sandbags. They don't come up to the surface, but they're much shallower than the water around them. And this is a huge area. And that provided exactly the shallow water that codfish like being and what is more, don't forget, you've got the gulf stream flowing up from the south. And you've got the Labrador current flowing down from the Arctic. And guess where they meet over these banks? Have you heard of the Grand Banks? These are these shallow underwater areas are running parallel to the coast of North America all the way down from Canada to Massachusetts. And as the two ocean currents, the Labrador and the Gulf Stream meet over these Shoal waters, they stir up huge amounts of of nutrients, little fish, plankton, everything. And the result is that that area just became, you know, the ideal place for cod. And they proliferated. And that became the best cod fishery in the whole world. Well, now that the best secret was out, there was a cod rush, not a gold rush, a cod rush. And fishing boats from all over Europe, came pouring into that area, into of North America. And by the 15/5, by the middle of the 1500s 5050, and 50. Listen to this figure. 60% of all the fish being eaten in Europe was caught, mostly caught of North America. Isn't that something? So from the middle 16th century, cod, from these banks of Massachusetts and New foundling, we're feeding Europe providing 60% of the fish that Europe was eating. That's incredible when you think about it, not a surprise, by the way, that if you ever visit the Massachusetts State House in Boston, you will see there a really nice wooden sculpture, you can find pictures of it online. There's a wooden sculpture of a big cod right there on the wall of the message shoot Massachusetts State House in Boston. And, and because that's because they knew how important this amazing fish was to the life of the colonies of North America. It's even spoken about, by the way, a book I've often mentioned, is the book Wealth of Nations, written by Adam Smith in 1776. It was published. And it's a wonderful text on economics. It lays out the principles of specialization and competition. And that brings us to the real part of the story of why I am telling you about the court. Now, yes, it was delicious. I made a really terrific cod I found a lovely recipe. I breaded the cod and then pan see some somewhere between frying it and pan-searing it is what I did. And I here's I can tell you, Mrs. Lapin laughed at me, I'm not gonna go to as far as to say she burst out laughing hilariously mocking me. I'm not gonna go as far as that. But she definitely chuckled. When I brought out a thermometer to measure the temperature inside the fish, I was determined to get it right. And the key thing with cod, if any of you actually care is not to overcook it, you want to cook it, obviously. But the temptation is easy to just leave it in a bit too long. And so I did not do that. It just flaked apart on your fork. It was it was terrific. I wish you could all have joined us for our dinner of cod. But the real reason I'm telling you about this is well back to Adam Smith. And I want to talk about the economics of it. And the economics of it is that the cod was so overfished that they were being hauled out of the water faster than they could reproduce. You hear about it's a tragedy. And the cod didn't live long enough to get big. And so no longer did you find 200-pound cods, they were tishing 30, 40, 50-pound cards, the big ones weren't around. It was becoming a huge problem. Nations from all over the world, were coming out to fish on the banks of Canada and northern United States. And they drove the cod, I'm not gonna say to extinction or close to extinction, but definitely seriously imperiling the future of the cod.

Daniel Lapin 27:25

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Why? Why did that happen? Why is it that after all people need wood, right? You know, we need paper. So there has to be trees, and they've got to be wood. How is it that our need for wood has not driven trees into extinction? As a matter of fact, there are now more trees in North America than they were 150 years ago, many more trees. So we're not driving trees into extinction. Why is it that human demand for corn is not driving corn into extinction? But the human demand for codfish? was driving it into extinction onset? What's the answer? The answer is that trees in North America are owned by tree companies. And they harvest them and sell them and they plant more. And they're constantly planting more trees and constantly selling the trees. There's no shortage of wood in sight. How about corn, corn is planted by farmers and grown, and they plant as much as they think they'll be able to sell. And that's what they do. But the trouble is, nobody owns the fish.

Daniel Lapin 28:51

And this in economics, is what we call the tragedy of the commons. You know, I mentioned Boston a minute ago, because the cod statute, the cod carving is in the Massachusetts Government House in Boston. But in Boston, there's also something called the commons, Boston Commons. And there used to be places like that in England as well, which is an open area of grass, often in the center of a village that people could bring their cows and sheep to. And very soon, it was discovered what a real problem this was. Because when nobody owns it, it gets used without hesitation and without any restraint. In fact, everybody's attitude is I'm gonna get me some of mine while the going is good. And this brings us again to something else I speak about in my Bible teaching, which is that God does not like ownerless things. It's not a good idea. Because things that are owned by everybody and take note, all of you, socialists, who might have stumbled onto this show by accident, because it isn't for you. But socialists be aware that when everybody owns something, it actually means nobody owns it. And this is one of the reasons that when you walk into a post office, it's not nearly as clean and tidy as when you walk into a FedEx. Because when everybody owns something, nobody cares enough about it to look after it. And that is exactly what happened with the cod, of Massachusetts, and Newfoundland, Canada and the United States, you've got overfished. Because nobody said, Hey, we need to go easy here, we got to give the cod a chance to reproduce. We can't catch cod quicker than they can make cod. And, yeah, nobody said that. Everybody said, Oh, we'd better go there and get some more code while the going is good. And that's exactly what happens with things that are owned by everybody. God likes ownership. And I'm going to go further than that. And say not only is it moral to own things, it is a good thing. It's a virtuous thing, to have possessions. And you might decide that you're going to let people come and fish on the piece of land you owe on the on the banks of a river, you know, maybe on one weekend, a month, or whatever it is. But don't let anybody tell you that that land would be better off owned by everybody. It should be owned by society, it should be owned by the city or by the county or by the state. No, it's really, really better when things are owned by private individuals. However, how's the cod problem going to be resolved? Well, one of the things that have happened is that Canada imposed a very necessary and very strict restrictions and regulations on cod fishing. But what should be done there? I don't know the answer for sure. But if we are having a conversation, which we are because you can respond with your thoughts on the Wii happy warriors website, where I participate in conversations with listeners of the show. I would say probably that, I could see that it would make sense for a nation to extend their ownership of the sea, way out, way out. And, again, powerful nations are going to be

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more able to do this than smaller, weaker nations. But the idea is that if nations own their fishing, if, for instance, the United States could regulate how many Korean trawlers could fish for cod off Massachusetts, once they're outside the territorial limit. If they could extend that limit and regulate, then they would have a way of making sure that the cod fisheries were not overfished. Well, that's not fair. for countries that don't have cod fisheries. It's the same, exactly the same as countries that don't have gold mines. countries that don't have cobalt, or lithium mines, talking of the need for batteries. What happens is you trade. Everybody has something. Think of Hong Kong, think of Singapore, think of Switzerland, very little in the way of natural resources very little. And yet those countries, everyone living their lives very well because they all make good money. How? Because they do things and they make things every but there is really no excuse. For a poor nation, there really isn't. And the failure is not resources or whether the failure is always culture. So all it is some cultures were better than other cultures. That Judeo-Christian culture just works better. For obvious reasons, in my view, right? But that's important to understand.

Daniel Lapin 35:00

So your country doesn't have cod but you like eating cod and you should. It's delicious. When prepared, the way you're prepared. I'm just proud that I actually managed to do it in the first place. Samuel Johnson, the English diarist. I'm pretty sure it was he. He was speaking about women preachers, because it was very, very rare. And he said that. He said, a woman preacher, it's a little bit like a dancing dog. He said, It's so unusual and so difficult, that you shouldn't really spend any time discussing about how well the dog dances, the fact that he dances at all is enough. He says, it's like that with women preachers. The it's hard to do, they are not many women doing it. The fact that they do it at all, he said is amazing enough. As it happens, of course, time has passed. And I have heard some extraordinary women, Christian preachers. Gosh, I could. I wonder I could probably give names. I'll think about that. But yes, I've heard a number of really excellent women, Christian pastors, and they've done very well. But in my case, it's not so much that How well did I cook the cod prepare the cod, the fact that I mentioned it all is rather remarkable. I don't know much about it. But as it turned out, I lucked across a good recipe. And it came out beautifully. Absolutely splendidly. But if you're in a country that doesn't have cod fisheries, no problem, no problem. So produce something and use it to trade with countries that do have cod fisheries, and import all your cod. Right? Switzerland has no access to the sea. Funnily enough, it does people joke about the Swiss navy. They actually is such a thing. They have a few patrol boats on Lake Lugano. But

Daniel Lapin 37:10

you can eat sushi. In Switzerland, they got no contact with anywhere that tuna or or salmon can be caught? How do they do it? Because they trade. Trading is one of the big secrets of Judeo-Christian culture. And in order to trade, there has to be a sense of mutual trust, there has to be some kind of common system, some common cultural bond. And that is exactly why it is that countries that were founded on a Christian foundation did so well. The Hanseatic League cities that I told you about were all Christian cities. And so there was a basis of on of what a word means, which is not true for every religion. And that's one of the reasons that you don't find marketplaces, in Christian culture, where people haggle and bargain and argue and yell and scream. But if you go to a Middle Eastern shuk, you

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know, anywhere from Gosh, from the Mediterranean to Baghdad or further, they are shuks in every town, a shuka market. And you know, the price is never the price. It's how much you can handle and how much you can yell about and what you can, what you can extract. It's a different way of doing business. So for your own business affairs. Try and establish relationships, friendships, connections, with people with whom you share some outlook. Because if you can expand your base of connections, and increasing numbers of people in that base of connections, or people who share a religio cultural Outlook with you, you have the basis for trying to find it really does work that way. One of the things that we Hebrews do, and it's very common, is we have almost in towns that have sizable or decent-sized Jewish communities. They very often have a sort of Yellow Pages. You know, a service that if you're looking for whatever it is a dealer or a marketplace, or, or a craftsman or a tradesman, you're looking for somebody you need to buy something or to get a service done. One of the places you can start looking is right there, and there's a comfort layer Have right off the bat. And you need to create your own circles like that or to become part of an existing circle like that. It's really important. Just remember the Hanseatic League, the Hanseatic League did not form in Senegal, and Bangladesh and Buenos Aires. Know, the Hanseatic League established. In countries where there was a common cultural foundation, they were not 100% alike, but there was enough to go on to establish trustworthy and very profitable trading connections. And so this is something that is just valuable. Don't be isolated, please, no happy warrior should ever say, you know, I'll do it by myself. Because we're not going to do anything by ourselves. Not much. We need collaboration, we need connection, we need communication, we need cooperation. And those critical seas are really valuable. You expand, you know, maybe it's through your church, maybe it's through other groups that are around but you find people with whom you have a cultural bond. And when I say cultural bond, that nearly always means religious. So I sometimes say religio cultural bond. And you'll be amazed how much business comes your way, how many opportunities you have to trade with people that become part of this circle of Cultural Trust. Think about it. That's, that's a very, very important, doable, practical piece of advice.

Daniel Lapin 41:56

I'm taking it for granted that you already are at a point where you know what services or goods you provide, how you serve your fellow human beings. If you've established that, then all you need now are more people to serve. And making sure that you have a growing circle of people that fit into your worldview of trust. Fantastic, you'll find it to be incredibly wonderful. And so my dear happy warriors, don't forget to take a look on the website Rabbi Daniel Lapin.com, you want to take a look for Scrolling through Scripture. There's two units unit one and unit two, you need to focus on unit one, Scrolling through Scripture unit one, and use the coupon code for a fabulous discount. Write it down now you will have it STS1FEB2023, STS, the number one Feb FEB 2023, and you will be happy that you did.

Daniel Lapin 43:11

Well we started with fish, the beautiful cod and and so we'll end with a another fish and and this one is a less happy story. This is a fish that is a delicacy in the People's Republic of China. It's called Yin Yang fish. That's right yin yang fish. And I don't know if Inyang is a translation or whether another name for this dish is called dead and alive fish. This is sickeningly cruel and horrible. It's an oil-fried whole fish whose head is kept alive even after his body has been cooked. So it's disgusting. You can see pictures

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of it, where the the fish's eyes and mouth are moving. And you see it on a plate in a restaurant. And the whole body has been deep fried, and they keep it alive, says that it's served while it's still alive. This is something that is very explicitly prohibited in Judeo-Christian culture. In other words, eating meat from a non-dead creature, you know, like yanking off the leg of a creature and eating it is cruel and barbaric. We're not allowed to do that. And this is cruel and barbaric. Why do I mention it? Because I speak about China a great deal for very good reason, I think a Gosh, I've spoken about it in some podcasts, but I'll be doing more and it's in our new book, which isn't out yet. And that is the extent to which our diet should Access, the extent to which how we eat and what we eat, does impact our spiritual reality. And obviously, our spiritual reality ultimately shapes everything else. I am going to say that, in spite of all the things that China is triumphing on all the things that China is achieving. At the same time, I have to tell you, that a people who's eating can be this callous in this crew is a people that have a an intrinsic spiritual brake on their progress. You know, as well, as you're doing, let's say, you're, you're a runner, and you have somebody strap, a 25-pound weight belt from scuba diving around your waist, before you set off on a marathon, you're going to be slowed down, in the same way a culture that is in a race, a culture that is trying to progress and achieve and accomplish that eats in a very cruel way, has put on a white belt, it has a handicap. So it'll be interesting to watch and see this. But this is not the only example of cruel aspects of a Chinese diet. I don't know how widespread these things are in China, whether I have no idea. But I do know that this Chinese dish is considered a delicacy in mainland China, less so in Taiwan, I believe. But yes, in mainland China, yin yang fish,

Daniel Lapin 46:54

I believe it is a handicap on the progress of the Chinese people and their country that has made search remarkable in historic progress in the last 50 years. So yes, we are what we eat, there's no question about it, and eating in a certain way and eating certain things and saying a blessing before or after or both when you eat. These are all things I mean, look at us everything that we all comes through our mouths. And so how can you not pay attention to that? At any rate, that My dear happy Warriors is indeed as far as we will go for today. And so I can do no more at this point than to wish you a week of exciting progress in your faith and your family, your finances, your friendships and your fitness. Till next program. I'm Rabbi Daniel Lapin. God bless.