

## The Rabbi Daniel Lapin Podcast

**Episode:** *Do Sweat The Small Stuff! Really!*

**Date:** 07/08/22 **Length:** 40:10

### SUMMARY KEYWORDS

big, god, understand, government, people, solutions, important, problem, universe, world, whittaker chambers, called, rabbi, huge, money, scripture, reality, marriage, astrophysicist, scrolling

### SPEAKERS

Daniel Lapin

### TRANSCRIPT

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#### **Daniel Lapin** 00:00

Welcome all you happy warriors where I your rabbi reveal how the world rrrreally works. And I'm sure that you heard the old joke about marital harmony, right? Where the man says, Look, I get to settle all the big matters. And she is happy to decide the small things. China invading Taiwan. That's, that's a big thing. I've got to settle that. What if a meteorite hits the planet? Or will global warming damage the planet? Yeah, of course, that's for me to handle. Should we send a trillion dollars to the kleptocrats in Ukraine? Well, I'll think about that. What should we do about rising sea levels? We'll take that under consideration. But she my wife, she's contend to decide the small things like how our children should get educated, should we buy a new car or fix the one we've got, who we're inviting for Thanksgiving dinner, how we invest our savings, it's a very happy marriage. She does the little things, and I do the big things. And it's it's a good joke because it reflects a certain reality, which is that it is the small things that really matter.

#### **Daniel Lapin** 01:29

It is the meaning of a biblical verse that always inspires me whenever I look at it again, it's the first book of Kings, chapter 19. And it starts with verse nine, where Elijah the Prophet goes to a cave. And the Word of God came to him and what are you doing there, Elijah. And the Prophet said, I've been very zealous for the Lord, for your children of Israel have forsaken your covenant, and thrown down your altars and they've killed your prophets, only I am left and they even seek my life. And God said, go out and stand up on the mountain. And just then a great and strong wind tore through the mountain and broke the rocks in pieces before, and God was not in the wind. And then Elijah saw a huge earthquake start shaking up the area. But guess what God was not in the earthquake either. And after the earthquake came a huge forest fire that roared through the landscape. But guess what, the Lord was not in the fire either. And after the fire, came a still small, quiet voice. And when Elijah heard that voice, he covered himself, and he stood at the entrance of the cave. And he realized that that was where God was. And I'm also inspired by the same idea, at the very end of the Five Books of Moses, in Deuteronomy, chapter 30. And they in verse 12, God says, look at the whole thing is this set of directions, explaining how the world really works. And, and it's not far off. Don't mislead yourself into ignoring it, because you think it's too far away? No, it's not in the heavens. It isn't. It's not beyond the

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seas at the end of the earth, not not at all. It you know where it is, it's very near to you, it's in your own heart. That's where it is. Chapter, Deuteronomy 30, verse 14, really important, because that is one of the ways we all get distracted from doing what it is that we should be doing, you know, it's all too easy. So remember, then, that

### **Daniel Lapin** 03:50

the the temptation is two ways, you can either follow the little g of government, or you're going to follow the big G of God. But it seems that very few of us, if any of us at all, are completely immune to the deep human desire to have something in our lives bigger than we are that can solve the big problems of the world. And the this is something we need, like we need oxygen, and we need water, apparently, accepting that with oxygen and water, we know that if we don't get them right away, you know, death follows in seconds, or minutes, or maybe a few hours in the case of water. But in the case of knowing that we need a force out there, this is work, right? And it's much easier to embrace the G the little g of government than the big G of God. And not surprisingly, when we do embrace the big G, excuse me, the little g of government. Well, what we discover is a focus on the big things and it's a meaningless focus It distracts you from the things you really can do to improve your life. And so what what do you get involved in if it's the little g of government? Well, you're drawn to the study of the universe. In the 80s. There was an astrophysicist called Carl Sagan, who did a Public Broadcasting System show called The Cosmos. And he had a young and a neophyte, an 18 year old student who he groomed in, you know, in an academic way, called Neil deGrasse Tyson, who now is taken over as the sort of popular everybody's astrophysicist. And the thing about talking about the universe is you can pretty much say whatever you like, you know, the moon has made it well, you can't say the moon has made of cheese. But you know, Pluto has made of cheese, Pluto is a planet, Pluto isn't a planet. There are strange little green men living on one of the moons of Saturn. You know, and you'll be in the news right away. And people at NASA, the American Space Administration, people, they know that every time they're up for refunding by Congress renewing or giving them extra money. They know that they always have to come out saying, Oh, we think this looks for, you know, signs of life. There's rocks with water. And it always turns out to be a complete hoax. There's nothing there. But the nice thing is that, in this area of the universe, you can pretty much say whatever you like, it's a big, big field that yields absolutely nothing. COVID turn it into a global thing. Shut down national and world economies make this huge. That's the tendency of the people who follow the little g of government. Why not just let every family deal with it in their own way, they would have been a good way. There might have been some people they would have had to have been quarantined. But it never came close to overwhelming hospital facilities. You know, in America, the governor of New York cause death by the 1000s. But even now they lie about the COVID death stats, it has to be a big huge thing. And the secret always, as very often is followed the money, because the biggest flow of cash in the whole world is the tax revenue of the United States of America. And there are many, many people want to hold their cup under that force. And I'll tell you that, and you know, it's drug companies being paid a lot of money. It's it's the NIH, it's the CDC, these are American agencies that receive huge sums of money that are almost irresistible, but that's in response to huge problems, something that can be resolved and dealt with on a local level. Oh, no, we're not gonna let anything happen like that climate change.

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### **Daniel Lapin 07:57**

Yeah. You know, let's fund billion dollar solutions. Like Solyndra, the battery company that President Obama funded even as it was going bankrupt, which it did soon after funding for wind and solar, all of the stuff, you know, you know, that reality is going to intrude, right? You know, that's going to happen. And it just doesn't need to be huge things. It doesn't need billion dollar solutions, like Solyndra, and wind turbines and solar, because in the final analysis, reality catches up. And on July the sixth 2022, all of a sudden, would you believe it shocking, who would have thought European Union lawmakers voted to allow nuclear energy to be labeled as green. And that, of course, takes away the barrier to investments from environmental sectors. And and so it goes, you can always count on reality, to destroy utopian dreams and fantasies. And that's why I always talk about how important it is to learn how the world really works. The way the world really works is the small localized solutions, build a nuclear power generator, in every city in every neighborhood, we really don't need international consensus on green energy. We don't need billion dollar plans to rebuild the American economy. It's not going to happen. And sooner or later reality will intrude. Richard now has and you can expect to see some changes. But it's you know, the fact remains that people who are attached to the little g of government cannot help seeking out huge problems to solve and huge solutions to solve those problems. And the reality is that It is in the small localized places, that the solutions really do exist. So this this basic principle is, is one that we stress constantly, and the application of it, which I'm going to show you in a moment, in the areas of finance, family and fitness.

### **Daniel Lapin 10:26**

But the principles are rooted, as I showed you, in, you know, a few obscure places in the Bible, where the the message that comes through loud and clear, no, it's not in this huge international far off, that's not where the solution is, it's localized. And I lay a lot of this out the look, this is the core of it all. You know, everybody needs the G, right, your only choice is whether you're going to choose the big G of God or the little g of government. Now, the larger your government is much easier. I'll tell you that. And that's one of the reasons that in the Western world, the political forces of secular progressivism are doing so very well. Because for most people, with you know, with no good spiritual upbringing, and no religious education of any kind at all, it's really much easier to just bow and prostrate yourself before the little g of government. Yes, whatever government says. And that's why people who lean in that direction, are still even at this point in the middle of 2022, are not taking their masks off, they still are frightened, because such huge threats were generated by the little GE of government, that people are still scared of it. But people who are able to discipline themselves to develop a relationship with the big G of God, they're a lot less frightened. And for them, life is a lot more satisfying. And for them, the way to find a lot of the solutions is lit is literally in God's message to mankind, it's in Scripture. And to start you off on that and to let you begin to understand how to tackle this and how to convert it from merely a book of forgotten legends and anachronistic stories and events have long forgotten people.

### **Daniel Lapin 12:26**

But to convert it from that into an instruction manual, like the manual that comes in the glove box of an expensive car, something that's really useful, something that can help you understand how the world really works. I've prepared our amazing online video course, called Scrolling through Scripture. And so

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all you have to do is go to RabbiDanielLapin.com. Go to the website, RabbiDanielLapin.com. And you'll see online courses will be one of the tabs, just go there and look for Scrolling through Scripture and be ready for your life to change. It really does. Somebody asked me recently about he's having trouble understanding God. And I was candid with him. I said, Look, you've got less chance of understanding God, than you have of understanding why it is that direct physical observation seems to cause a random collapse of a particles wave function. What are you talking about? Well, it's part of quantum mechanics in modern physics, you kind of have to understand that stuff. Yeah, no chance. But that is easier than understanding God. Yeah. Don't don't no reason to give yourself this insurmountable job of understanding God. You don't need to. You need to get to know him. You need a relationship with him. Hey, you know what you need in I say to a single man of my acquaintance, you absolutely have to hurry up and build a relationship with a woman. He says, Look, I'm sorry, I don't understand. what I said: That's not the point. You know, I don't think I do either. Doesn't matter. It's not needed for building a relationship. And this is a really important point, I think, for everybody to understand. Right? You don't understand God? Yeah, I bet you don't understand gravity either. But you kind of have a relationship with it. It's what stops you stepping out of the window of a 20th floor apartment. Right? Because you kind of know that gravity do I understand what then happened? No, I know what then happens. It doesn't mean I understand why it happens. That is in the complexities of gravity. But I don't have to understand God. Okay, how can I but I do have to know him and I do have to try and establish and maintain a good relationship with him. So I have the feeling that he is smiling at me, okay, place to start Scrolling through Scripture. That's where you go. And it's for that reason that we went to considerable trouble to prepare what I think is, well, even if I said, look, it's a very, very, very good introduction to knowing God through his most important work, namely scripture. And we will walk you through the first 34 verses of scripture in which you will find the overwhelming majority of all the really important principles that will take you further on your journey to knowing God, look, I've explained this, if you've downloaded my free ebook, called The Holistic You, then you already know that as important as faith and family and friendships and physical health are, and as deeply committed as you are, to family and finance, and to friendships and fitness. What you also have to know is that your connection with the spiritual power that is, is just as important, and you won't ever fully succeed in those other areas.

### **Daniel Lapin** 16:17

If you don't also develop the one having to do with getting to know God. That's what I'm not saying. It's easy, but I'm also not saying it's impossible, you don't wait for it to happen any more than you wait for a broken bone to fix itself. You do have to take it to a doctor and get it set. In the same way. Look, I'm I'm sorry to say this, but there is something wrong with you if you haven't got to know God. Right. It's not fatal. And it's not your fault. Usually. You know, I think that I had a head start on this. And yet, it wasn't until my late teens and early 20s, that it began to dawn on me that I was not going to just jump out of a closet and hit me between the eyes. Oh god, there you are been wondering about you know, doesn't work like that. You have to do something about it. In the same way. If you want to learn how to make an omelet, or a poached egg, it doesn't just happen, you actually have to go out and seek it. You want to learn how to play a certain sport or game, whatever it is, you want to learn how to code. You want to learn how to read Russian, all of these things. You have to actually go out and make them happen. You want to get to know God. Sure. But put some work into it. It's not that some people are born with it, and

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others are not. I've often had people tell me Oh, I wish I could have faith like you know, you don't? If you did you put some effort into getting to know God. Right? It has nothing to do with understanding him. It has nothing to do with do I believe him? Do I? Do I understand him? Do I have faith? These are latter questions, the initial question is just get to know Him. And you know, somebody might decide they, they want to get to know the Beatles, well, it's probably extremely unlikely you will but here's one way you could really get to know them. And that's really get to know their entire catalog of songs. You want to know an artist a painter, go and take a look at his work. And similarly, come on time already. You want to get to know God. I'll just take a look at his work. And one of his one of his works, obviously is the world around us. The other one is the book the Scripture, but you got to understand how to read it, you got to be able to take a look at it in the original Hebrew. What's that? You don't know any Hebrew? Doesn't matter? Of course you don't, I assumed you don't. That's why I created Scrolling through Scripture specially for you. So join me on this exciting adventure. It is life changing. If you've never gone down this road before. And you will find it at RabbiDaniellapin.com. Got it at my website, www dot you need a rabbi.com. Same thing. That's where it'll get you.

### **Daniel Lapin 19:04**

So the idea that it's important to sweat the small stuff, forget the big stuff. Don't sweat the big stuff. Don't sweat the superlative stuff. Don't spit, don't sweat, the spectacular stuff. No, it's not relevant sweat the small stuff. And I really want to help you understand this look. And I may be off on some of the details here. But I want you to get the point. If we're talking about finance, is your business struggling? Do you have your own little business, maybe big business? And you say to yourself, What can I do? You know, it's because of the worldwide supply chain disruption. Or maybe you know, maybe you're on a salary is your salary and your revenue, your income, not where you want it? Well, maybe that's because of inflation. Have you not had a raise for a long time? Well, that's because of government. In taxation and investment policy, look, those things may or may not have had an impact. In today's show, I can go into it. But it's much more likely that your financial stress is because you are not maintaining and regularly reviewing financial reports, I don't care if you're a single individual person, you should still get into the habit of looking at yourself as if you're a company. And you look at your financial reports. And I've spoken about this before me, you know, you should be looking at an income statement, you should be looking at a profit and loss statement, you should be looking at your net profit margin report.

### **Daniel Lapin 20:45**

Even if you're on a salary, there is such a thing as your net profit margin, or your balance sheet should be looked at regularly. How about your cash flow statement? You know, if you're not looking at a cash flow statement, don't blame worldwide supply chain disruption, you're not keeping your eye on business, take a look at a 13 week cash forecast report. And then say quarterly because this is a rolling 13 week cash forecast. Look at your weekly sales, even if you don't if you're a salary, then your sales or your time and your energy and your efforts and your experience. So take a look at what your sales are bringing in. Look at your accounts payable, you know, on a regular basis, look at an aging report. Look at your accounts receivable, are you expecting money from something you've sold? Are you expecting money from an inheritance? All of that should be on paper so that you can look at it on a regular basis?

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In other words, try and get away from the habit of saying, Yeah, you know, I have, you know, I have a problem in the financial area. And then you immediately give yourself a vacation by saying, Oh, it's because of inflation, or it's because of government policy, or it's because of supply chains, or it's because of the Bitcoin or the stock market drop. Now, take a look at the things you have done, and blame them and look at the things you are doing, and blame them not just to have a blame fest. But in order to find what you can start doing differently. You not the government, not the United Nations, not the country, not the world. You know, maybe you need to hire help in areas you're not good at. Look, maybe maybe you're not working hard enough or smart enough. Maybe you're working hard, but you're working stupid. And maybe you're not listening to your customers or your employer, you know, are you hearing what they want? I don't know, maybe you've got theft going on. Maybe you're keeping such a poor track of your business, that somebody's stealing from you. Listen, your solution is small and local, rather than global and huge. That's what I'm trying to convey here. And what at the very least, I want to ask you to contemplate very seriously, because we give ourselves an out by when we say oh, it's because of this huge thing or that huge thing. No, no, no, no, don't think like people who are committed to the little g of government, who always look for huge problems and huge solutions. Now, now, try and follow the pattern of those who follow the big G of God, where it's not in the hurricane and in the earthquake and in the fire storm. No, no, no, no, no, it's not in the invasion for of Russia in Ukraine. No, it's none of those things. It's something local, and you are in a position to solve it. Family wise, okay, you know, let's say you're a single man looking for a partner with whom to build a family and a life. Your problem is not something I hear all the time. All women are feminists, and I don't want to connect up with a feminist. No, that's not your problem. People, well, 50% of marriages end in divorce, you know, so why would I know that's not the problem? If you know what, there's just no women out there wanting a traditional marriage. And look, I know there's a problem there. But that's not your problem. I'll tell you that. It's not plummeting fertility figures in most of the developed world. No, the solution is local. And it's not about the planet. It's not about the world. It's not about the country. It's not about your state. It's about you. It's things you have done in the past that put you where you are today. And it's things you are doing today and every day and with whom you do it. Those are the things that are again, I'm talking in this case, as an example, to a single man who theoretically wants to get married and he says I'm looking for a wife. No, you're not. You're not the The solution is not far away. You got to be looking right there, what you're what you have to do differently. Turn it around, you're a single woman seeking a partner with whom to build a family and a life. Well, you know, there's no men out there with any ambition. Okay, that's a different discussion. But that's not your problem.

### **Daniel Lapin 25:23**

You know what it said, All men out there are scared of commitment. Every man is scared to commit. Look, I know, I know, commitment is a problem, and we can discuss it and the reasons for it. But that's not your problem. I'm telling you, you can count on it. It's local. It's you, and what you've been doing up till now and what you do, if you really wanted to find a husband, then you can do it. Don't blame it on global reasons. Let's say you're married, or you're working on your marriage, right? I mean, we know there's no question. There are terrible, serious, terribly serious stresses and pressures on a marriage today. The dominant culture out there of secular progressivism hates traditional marriage. I know that so you're the enemy. And so the challenge of building a vibrant, productive successful marriage is a

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huge challenge. But the solution is local. Have you and your spouse both banned digital devices of every kind from your bedroom? If you haven't, why haven't you? This is really step one. A it's so basic. Have you banned all business conversation from the bedroom? There are things that you can do. Yes, I know the you the American tax code has become hostile to married couples filing joint returns, I get that. But there are still things the important things you can do. And so yes, the possibility of exciting marriage renewal lies in your marriage locally, in your home, and in your bedroom. That's where it is. How about your fitness? Same thing, right? Are there plastic particles in your water that impact your health in some way? I don't know. Are there hormones out there that are getting into the food chain and into the water supply that somehow get in your body? I've heard things like that I really don't know, I've not satisfied myself one way or the other, have over farming and over fertilizing caused crops to start producing foods that are less nutritious? I don't know. Maybe yes, maybe not. But I don't care. Because the most exciting and most productive way to improve your own health is local, in your home and in your hands. For a start, eat less, and exercise more. Your Rabbi guarantees you that that will do much more for you than eating locally sourced organic foods and avoiding genetically modified foods. No, just forget the huge global problems and the huge global solutions, the biggest changes you can make in your life and your family and your finances in your fitness, the biggest changes that have nothing to do with microwave transmissions and foreign influences. And no, no, it's things you have in your control right here, right now, in your own home. In your own workplace. These are things that you can do. The big G of God leads you to the truth, which is that solutions, the most important solutions are local. Do all the other things I mentioned have no validity. Now I'm sure there is. But I don't know how much it is how little it is. I do know that the biggest changes you can make to improve your life don't depend on the government. They don't depend on the country. They don't depend on United Nations that don't depend on the International Space Station. They have to do with you and your life. And so, you know,

### **Daniel Lapin** 29:23

if you think about you know, these cosmologists, I was talking about like Carl Sagan or Neil the light called say, and I should say and very much alive Neil deGrasse Tyson or Stephen Hawking. What do they really do for us? They talk a language that perhaps only they understand, as they describe black holes, big bangs, quarks. Words, though none of us really understand. The only reason I even know their names is because they and others like them are sort of mutually self credentialed by their friends and colleagues. at the universities and the scientific organizations, they all populate. And what is more, it's almost impossible to think of one single thing they've ever done for me or for mankind. I'm serious theories about the start of the universe, Big Bang, not big bang. I'm sorry, but thanks for nothing. It makes no difference to my life. I gotta be honest, incomprehensible explanations of what lies beyond the further star. Frankly, who cares? I'm just not a fan of the telescope. It has cured no diseases. It spurred nothing in the way of invention. Oh, this suddenly, one day in peering into the telescope and looking one Starry Night at the rings of Saturn. There's magic in that. I mean, I understand it. There's also magic and go into a Broadway play. But does it really changed my life in meaningful ways? I don't think so. Even putting a man on the moon was mainly an exercise in national Strapping, and to be honest, yielded very little in the way of useful progress honestly, now to build popularity, for incomprehensible levels of money spending by NSA bureaucrats breathlessly list the inventions that are supposedly a result of space exploration, things like Tang and Teflon and bar codes. These and

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most other similar claims are quite mistaken and very untrue. Very little of any practical use has come from the expenditure of trillions of dollars of tax money, right? That beautiful, huge and imaginably Niagra like cascade of cash from the American taxpayer. Very little good has come from it. But forget the telescope, but a microscope I love that. Look at the micro look into the small. Okay, I don't have time to even tell you a 1,000th of 1% of the many benefits that have flowed to us all from the microscope from peering into the small. Exploring the atom has yielded incalculable returns compared to the big nothing that has come to us from space exploration, nuclear power with its promise of freeing mankind from drudgery. Wow, that's all possible, right? Only because we look down into the tiny atom and not upwards into the monstrously huge universe. All right. Look, I value knowledge for its own sake. History, especially that of one's own people in one's own country is vital, mature understanding of the human condition can best be gained through great literature. I get that. But what we get from probing the universe from measuring the monstrous and monumental, I just don't think that's that's real knowledge. It's conjecture, and speculation, because there's no way to prove it right or wrong. Unlike if a doctor uses a microscope and actually comes up with a real cure, not like the COVID vaccines that are so questionable, but adopted comes up with a real cure. It's very quick to prove right or wrong. But when Stephen Hawking would make a statement about the furthest reaches of the Universe, or how many stars it didn't matter, because nobody was ever going to say, yes, you're right, or Yes, you are. No, you're wrong. Knowledge of microbes and germs and viruses, along with cures for many diseases. I mean, this stuff is important. microcircuits military electronic devices that allow doctors to appear right down inside our bodies, reengineering DNA, creating metallurgical breakthroughs that allow my dentist to insert a titanium implant into my mouth, which my body will not reject. Wow. It's life changing. Building turbine blades for jet engines, making breakthroughs in batteries possible microencapsulation spheres remove pollution. lasers are used in more applications and I can list Not to mention that miraculous smartphone that we all love, right? These are the results of probing downwards into the tiny in the microscopic, mind boggling benefits in medicine, electronics, artificial intelligence, communication and more. All coming with a microscope not the telescope from looking into the tiny, not into the immense Can you think of even one way that cosmology study of the cosmos has added to your life? I don't Don't think so. I mean, I'm happy to hear from you if you think so. But I doubt it. probing into the hugeness of the universe, and its vast, incomprehensible distances, has produced little of any value. Even, you know, as I said a bit earlier, infinite God of infinite power is mostly known to us, you know, as that still small voice, right? That's, that's how you get to know God. You know, don't walk around saying, Well, I'm waiting for God to do something big like, you know, destroy a building or a bridge in some evil, big city. No, it doesn't work like that. Look, to know God in the small and the silence. Don't try to find your personal relationship with God through the sun, and the moon and the stars. That way led to the idolatry of olden days, even though they are creations of God, don't look to the heavens. That's not where to, even though we say raise, raise up eyes to the heavens, where and I speak to God in in poetic form, we use that language, but in reality, it's not through study of the heavens. It's through study of the tiny.

**Daniel Lapin** 36:19

Let me read to you from a book by the wonderful Whittaker Chambers. Whittaker Chambers used to be a communist during the days when smart liberal Americans pretended that they were no communist

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that had infiltrated the American government? Whittaker Chambers came clean and, and and told the truth about what had happened in a must read book called *Witness*. And here's what he says, My daughter was in a highchair I was watching her eat, she was the most miraculous thing that had ever happened in my life. I like to watch her even when she smeared porridge on her face, or dropped it meditatively on the floor, my eyes came to rest on the delicate convolutions of her ear. Those intricate, perfect ears, the fourth pass through my mind, no, those ears were not created by any chance coming together of atoms in nature. They could have been created only by immense design. The thought was involuntary and unwanted. I crowded it out of my mind. But I never wholly forgot it or the occasion I had to crowded out of my mind. If I'd completed, I should have had to say, design presupposes God. I did not then know that at that moment, the finger of God was first laid upon my forehead. And sure enough, it took it took a while for Whittaker Chambers to move from being a committed secular communist to becoming somebody who knew God as a believing Christian. It took time. But that was the beginning of it. And then he began to work on it. He didn't have scrolling through scripture, which you do. But he worked at it, explore and probe and contemplate the small things around you. Because it's from them that flow the wonders of complete comprehension.

### **Daniel Lapin 38:27**

Your race and gender professors, those self anointed artists and cosmologists, you know, look, they're human beings and they deserve respect due to any human creature. But I don't much respect what they choose to do for their fellow human beings. Because they just don't do much for me to improve my life. Just have a look to see who's on the contact list on your smartphone that you love so much. I bet that you on your contact as you probably don't have many astrophysicists or modern artists, daubing painting other materials onto canvases. I bet you don't have so many pseudo academics. If you're contactless, there's like mine. You have your plumber, and your dentist and your car mechanic and your accountant and all the people who actually impact your lives. You see, that is how the world really works. So visit the website at [RabbiDanielLapin.com](http://RabbiDanielLapin.com). Take a look at the description of scrolling through Scripture and I think you'll agree you need it. And make sure you also have the download free book holistic. You all have that available at [Rabbi Daniel lapin.com](http://Rabbi Daniel lapin.com). and have yourself a wonderful week, where you focus not only on your faith and your finances, not only on your fitness in your family but also your friendships nurturing them and maintaining them I'm Rabbi Daniel Lapin God bless.