

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

### SUMMARY KEYWORDS

mastermind group, ages, man, women, understand, works, rabbi, marriage, speaking, fact, friends, world, male female relationships, point, called, find, destructive, rabbi daniel lapin, male, years

### TRANSCRIPT

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00:17

Welcome, everybody. Welcome to the Rabbi Daniel Lapin show where I, your rabbi, reveal how the world really

00:31

works. Thank you for being tuned in to one of the very few shows in the entire digital universe that accepts absolutely no hush money whatsoever. We speak freely on this show about the topics you really care about, and not just the things you care about today, but the things you cared about yesterday and the things you'll care about tomorrow. with almost no exception with very few exceptions, the show is not tied to specific events. And one of the features essential for life success. And just as essential for understanding how the world really works

01:25

is to fully understand the downward pools in human nature, the way the good Lord created us, or for those of you who prefer to follow the idea that human beings are here, because of a lengthy process of unaided and random, materialistic evolution. In that case, a quality that we've evolved, you see the point that you need to know the reality about our natures. is really far more important than where you believe those natures originally derived. But the important thing to realize is that we have certain pools to Ward's the the bad and the destructive and the negative. And as I'm going to tell you later, in the show, there is a beautiful quote, that Katharine Hepburn speaks to Humphrey Bogart in an old movie called African Queen, where she really does tell the truth about nature, and how absurd it is for anybody to excuse bad behavior by saying, well, that's natural, I'm just behaving naturally. And, and we've got to recognize that yes, we do have a tendency to allow our lives to subside into clutter and chaos, and that tidying up and cleaning up and keeping things orderly, is difficult and it's challenging, but it is part of successful living. And to understand that we have a pull towards yielding to our appetites of whatever they are.

All of these things are true, but what I want to talk about now is understanding some of the much lesser known aspects of our pull towards the destructive. Let me explain that one of the very interesting aspects of this, that God built into us is, funnily enough, even in our fantasies and unhealthy daydreams, even in the indulging of our baser desires. This still is a note of realism - how the world Really - it's so funny. In other words, almost any man I know, wants to have more money. And that's a

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

healthy thing. It's called ambition. Obviously, it can tip over into something unhealthy. But every man would like to have more money. Would every man like to be the richest man in the world? Would every man want to be Mark Zuckerberg of Facebook? Or Jeffrey Bezos of Amazon? Or Bill Gates of Microsoft? No, no, I in almost no man walks around saying, I really want to be the richest I dream of being the richest man and No, nobody thinks that. But most men say I'd really like to double my income next year. That's what I wanted. I want to double my revenue somehow. That's perfectly healthy.

But we don't dream of the improbable; we don't dream of the crazy of the complete outlandish possibility with just not how we are we dream of what's at least remotely in reach. When a single man, you know, dreams of having a beautiful woman, he's not thinking of famous film stars of immeasurable pulchritude. Now, for the most part not, for the most part, it's somebody in reach. It's somebody where there's at least a chance he could actually meet her. Because somehow or another, there is a note of realism. So we have to understand that we don't all last for or desire or have strong appetites for all exactly the same things.

Some people have to really fight a strong compulsion towards laziness. Other people have to fight a strong tension Have the seat to procrastinate. These are bad, destructive things. These are things that successful living ninja have to overcome. But if you yourself, do not suffer from an urge to procrastinate, then you have no idea of the pain and the fight that has to be endured by the person who is trying to overcome that particular bad trait and bad quality. There are people who have a pull towards alcoholism. Okay, so that's not something I personally relate to. But I really do know and understand what an incredible tough challenge it is for the person who decides to be off it. And so it is with all kinds of unhealthy and ultimately destructive urges, and different people feel them to different levels. And so be aware That one of the most damaging and destructive of impulses is the desire to rule of other people, to load of other people to exert authority of other people. Now, you know, like, lust for the absolutely unreachable woman or like the desire to be the richest man, this is not what most normal healthy people feel. And so I'm sure that almost everybody listening to this show says what I mean, I understand an urge to overeat, but an urge to exert power and authority over other people. I don't get that. And my whole introduction was to help you understand that, yes, this may not be something that grabs you, but it does grab many people.

And so for instance, when I was recently Standing in a line somewhere. And the person we were all waiting to reach at the counter, leaned over pointed at me and smiled. Stand behind that line. No, excuse me, no smile, don't that I'd have been able to see it under that mask anyway. But I knew instantly what was going on. And that is that this person is getting a thrill, a real deep thrill and, and one that, that really ricochets around inside her being and gives her a deep, deep sense of happiness and pleasure, really sensual pleasure by being able to exert authority. This is one of the things that draws people into positions of political and bureaucratic power. And it is very and I'm going to say sensual, although I could go a little bit further than that and say that exerting power of other people is not a bad character is it is a bad character and I'm saying it's not a characteristic that I personally experience or feel, but I totally understand that it is real, and that for many, many human beings, it is a an almost irresistible compulsion. And I have deep and profound respect for those people recognizing in

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

themselves, a desire to exert authority and power over others, but nonetheless, is fighting to overcome that and to get beyond it. It's, it's really terrific and I do respect that. So, to just be aware that many of the things that we are seeing during the corona virus epidemic is are very much things that the majority of us may not understand. Some of the Worst tendencies that we're seeing in our fellow citizens are things that we don't know how can somebody behave like that? We say, oh, how about the person who throws coffee over the person who's not wearing a mask, or the person who hits somebody who's not wearing a mask? Again, you got to understand that there are certain people just as there are certain people who have a strong pull towards drugs, there are people who have a stronger pull towards homosexuality. There are people who have a strong pull towards alcohol and the people feel different things we all created uniquely. And in the same way, there are many people who have what you I may not experience and may not even innately understand but that is a deep, deep thrill at exerting power and authority of other people. So be aware of that and maybe even be, be a little sad and sympathetic towards that person who's so obviously getting a deep sensual thrill over not just asking if you could possibly do this or excuse me, would you mind doing that, but who is really deriving this deep pleasure from ordering you around, I just want you to understand what's going on just as I want everybody in the male half of the population to understand some of the things that I want to dive deeply into right now. These are truly things that matter things you care about, at all times, and that really are significant. And I very much hope that if you either are a male, between the ages of 13 and 23, or you know one, make sure that he hears this or if you are raising one, make sure that at the appropriate time of your judgment as parents That he has this ad maybe you have a friend or a relative who is raising a male human being between the ages of 13 and 23. Well, he'd want to know about this as well, because it does really matter. The overwhelming majority of the shows are about the timeless truths that I derive and that I've been taught from ancient Jewish wisdom, things that impact your life, things that have to do with your finances, your faith, your family, your friendships, things you really care about. And this show is no exception, accepting that it may be even just a little bit more of the above. As a matter of fact, I think I'm going to issue a parental discretionary

12:53

advisory here. Due to some violent content. Parental discretion is advised.

12:59

There's really not a show for everybody at all. As a matter of fact, I'm going to tell you very explicitly for whom today's show is intended. It is intended for men or boys between the ages of 16 and 23. So, if you happen to be a mother of such a man, then the show not really for you, if you are a sister, if you're a daughter, in short, if you are a lady, if you are a woman, of any age, the show not really for you. I suggest do you turn off and find something more worthwhile and valuable to do because this show is for men Not only for all men who visit, but it's actually specifically for men between the ages of 16 and 23. And so if you are a young man, younger than the age of 16, this shows not for you. If you are a man older than 23, this shows not for you. This is specifically for people for men, male humans between the ages of 16 and 23. Now, why did I choose specifically those ages? I mean, I could have said 15 to 25 or anything really, right? You've got the the age group? Well, the answer is very simple. You see in one of William Shakespeare's lovely plays and hard to be 400 years old, they are called a Winter's Tale.

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

One of his characters is a shepherd, who speaks about the problem with males between the age of 16 and 23. And he says, here's the problem. Boys between the ages of 16 and 23 are either getting girls pregnant, or they're fighting, or they're irritating older people and aggravating older people. But whatever it is, they're they're not being helpful. And he says, I just I wish they wouldn't be that age. I wish they'd go from 15 to 24 right away. Or ideally, if there was no alternative, maybe they could all fall asleep at the ages of 16 and wake up again when they're 24. And, and it's you know, it's kind of funny and then he goes on to speak about looking out and he and he sees a 19 and 20 year old out hunting in very bad weather. You know who but, but a scatterbrained person of that age would even think of doing this. And, you know, now it's taken me about 300 words to tell you about it. I'd love you to hear how Shakespeare does it all in 50 words, and so from Act Three, scene three of Shakespeare's A Winter's Tale. And it's hard to believe 400 years ago, he wrote this. So when people sat down and said what the value is of Shakespeare, one of the values of Shakespeare is that he speaks of permanent principle things that are as true now, as they were then that is what makes it valuable. He highlights true things that have always been true. So naturally, an enthusiast of ancient Jewish wisdom, like me, obviously, is all struck by William Shakespeare. But enough of that, why don't we listen to his words. So this is the shepherd speaking now. In the third scene of Act Three:

"I would there were no age between 16 and three and 20 or that youth would sleep out the rest, for there is nothing in between. But getting wenches with child wronging the ancient tree stealing fighting Hark you now with any buddies boiled brains of 19 and two and 20 hunt this weather."

17:33

It's good. It's just, it's just very good. So that's what, what Shakespeare is talking about. And so I loosely take those ages for the basis of this particular show today, in spite of the fact that obviously, people who are older than that might well be listening, and possibly even people who are not really men between the ages of 16 and 23. But that is to whom I am primarily addressing this particular show, okay, that's what we're doing. And I also want you to know that I'm going to be speaking very explicitly, and very pointedly, which is to say that I'm not going to be wasting time on a lot of nuance that I'm not going to be wasting time on a lot of caveats and disclaimers, you know, if this doesn't apply to you, etc, etc, etc, I'm just gonna lay out a number of principles that men between the ages of 16 and 23 would really benefit from knowing about now, not absolutely everything is applicable to everybody. But I'm gonna be laying out the principles and I rely on your intelligence to determine what applies to you if you're 22. Obviously different things apply to you than if you're 16 or 17. But because this is a passage of male living this is the point the time the period, during which you turn from a boy into a man. This is the point where you're you're going to see that your your shoulders are becoming manly, your profile your chest, and your voice will, by this point become manly or start being wanting to shave your face every morning or maybe every fourth morning. But this is a time where really important things are happening. And even more importantly, it's a time when you have the ability to do things that will make a success of your life, or God forbid a failure. In other words, I cannot stress this strongly enough, what your life is gonna be like, and I know that when you're 1630 seems like Forever, it seems like life is over at the age of 30. But a little bit of intelligent thought will tell you that there's much more of your life from 23 onwards, then there is between now and 23. And I cannot emphasize sufficiently that what your life

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

will be like, is really, really decided between the ages of 16 and 23. Now, I I'm sort of enjoying the Shakespeare selection of those ages. But it is true that you are already setting the course of your life before 16. I would actually say it probably goes to 13. That's probably really when it should be. So I'm sticking with Shakespeare 16 to 23. However, the truth is that it's a 10-year period from 13 to 23. That is really 10 years that shape your life if you are a man, again, I hope to do a show for women between certain ages. But right now this show is specifically for males. Alright, and males for for definitional purposes are human beings with penises. Let's just get that clear. I know probably not a lot of people as into the show who necessarily think otherwise. But I know full well that there are people particularly on campuses and seeing as I'm talking between the ages of 13 and 23. You might well be on a campus if not a high school campus college campus where they make completely false distinctions between sex and gender. And they suggest that there's a limitless art and after the nonsense, we haven't got time for all of this one This show is for males, between the ages of 13 and 23, and I'm going to be speaking about a lot of very specific things. And I want you to understand that, although it may sound dogmatic, nothing that i'm saying is an all or nothing proposition. In other words, it's not that you have to do all of these things I'm going to be talking about on the show else, you don't stand a chance. That's complete nonsense. It's not how the world really works at all.

You know, imagine that you hear a survival expert saying, you know, I'm thinking of this because somebody I know very well decided to do a few days on the Appalachian Trail, and I'm recording this show in the winter. So off this person went, it was actually two of them and their dog and they were going to spend three or four days hiking a section of the Appalachian Trail. And happy to relate that they came home safely after one night because it was so bitterly cold and so unpleasant and they were finding themselves so listless and so without energy. So imagine somebody says in order to survive in the wild, if you're going to be doing the Appalachian Trail in February or January or March, whatever it is, you need a you need a space blanket, you need a tent, you need a ground sheet, you need a foam mattress. You need 3000 calories of food carrying with you per day. You need a pressurized camp stove that can function in subzero temperatures. You need lanterns you need flares. In case of emergency you need a cell phone. You need a satellite locator beacon in case you run out of cell phone battery or you're out of cell phone, reach in you need to be able to summon help. You need four layers of thermal clothing. You You need rope, you need a hat, you need a walking stick, you need a compass, you need topographic maps.

So you get the idea, right? And so somebody, let's say, for one reason or another, finds himself out on the trail, and he goes through the list I've just given you and he's only got about a third of the things. And he says, Well, I may as well call it quits. I'm not gonna make it because I heard Rabbi Daniel Lapin say that in order to survive in the wild, here's the list of things, you know, it's not an all or nothing proposition. Ideally, it would be great if you had all these things. But it you know, you may not need 3000 calories of food today, maybe you do well on 2000, whatever it is, and maybe you don't have a satellite locator beacon or whatever, it doesn't matter. The more of these things you have, the better it is. Not all of them will be applicable. But the more you have, the better. It doesn't mean that if you don't have a mold, you're doomed. Similarly, not everything I say is going to be applicable to everybody. And even if it is, you're not all gonna be able to do everything I'm talking about, I'm laying out if you like a

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

mathematical ideal, I'm laying out what would be best, but as much of it as you can do helps the more of it you do, the more of it you can make part of your life, the more successful will be this period of time till you're 23 years old. And the most successful as a result of that will be the rest of your life. Right. So I hope that that makes sense by way of introduction.

And as soon as we come back, we will launch right into the material of what should happen during those 10 years between the ages of 13 and 23. The website and again, I every now and then receive a letter from a fan, a letter from a listener less than a letter from somebody who wants to communicate. And every now and then I get the same that it always reads the same ways, although it's not always from the same people obviously. But it's always, you know, I'm finding the messages in the show very uplifting and very valuable, but always get put off at the end where you, you end up promoting your products and you then reduce the whole thing to nothing but a commercial message. Now, today because it's a busy show, and I've got a lot to get across. I don't have time to go into why that is such a wrong thinking. And why it is that commercial information is incredibly valuable, and why it is that a message never gets diminished. By a commercial connection not in any way, shape, or form. I've spoken about this before in earlier shows, but it so happens that I recently got another one of these letters and I have a sort of standard response that I sent off to the person, but I'll also talk about it in one of the forthcoming shows soon. But with that advisory out of the way, the website is Rabbi Daniel Lapin calm, and here's what you want to do at that website. Number one, you want to make sure you are subscribed to Susan Lapins musings, it's called Susan's Musings. Now we have other mailings as well, but I specifically want to draw your attention to Susan's why because I have noticed that all the mailings we do we do a mailing of a Thought Tool every week we mail an Ask the Rabbi every week and we mail Susan's Musings and I've noticed that of all the mailings, we do the ones that attract the largest number of comments and letters that flow in and you can read them all on the website at [RabbiDanielLapin.com](http://RabbiDanielLapin.com), but the one that attracts by far and away the most comments is Susan's Musings. And I'm not sure if it's because they're personal. They're, you know, you can really hear her talking it's very, very much her. And people seem to like that. And so if you're not aware of that, you need to go to [RabbiDanielLapin.com](http://RabbiDanielLapin.com) and make sure number one go and read back issues back copies of Susan's Musings, and number two, subscribe to make sure you do get it and that way you'll be able to enjoy it every single week.

So that is one thing you can do. The other thing you can do is read up about a product called Madam, I'm Adam. And this audio program it's a two-hour program on male/female relationships and the reason we called it Madam I'm Adam is because obviously that phrase is a palindrome. And we joke that when Adam opened his eyes after his divine anesthetic wore off, he looked at this bewitching creature standing before him, at that point, naked, no less, and he stood up and took a bow and he said, Madam, I'm Adam. And we like the palindromic aspects of it, it reads the same both ways. Because of the duality the equation like quality of marriage, male and female, and looking at it in terms of benefits in both directions. So anyway, all of this is in an audio program called Madam I'm Adam at [RabbiDanielLapin.com](http://RabbiDanielLapin.com), read about it, and I think you will probably find that this is either useful for the stage of life you are at, or else it's going to be incredibly useful for the stage of life somebody you care

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

about is that anyway, all of that RabbiDanielLapin.com, and we will usually begin by saying well hello everybody know

30:16

we're back on the rabbi Daniel Lapin show where your Rabbi reveals how the world really works. But I can't say that now because it's not Hello, everybody. We have already said farewell to all the women and not permanently. As a matter of fact, I am already working on a show for women. I've got one show for single women. I've got one show for women who are married. And I've got another show for women who have been married and these are all different And one of the things we'll be doing is I'll be offering a public service that I will be providing translation ability to people to to the women who hear the show. In other words, I will let them understand what men mean when they say certain things, but all of that lies ahead. For now, however, I am speaking to men between the ages of 13 and 23, that critical period of 10 years going by, and I also have to warn you, that I will be speaking about sex Yes, I will be speaking about male/female relationships, because it is quite impossible to convey any understanding at all of how the world really works. Ignoring male female relationships and so I will now of course, it is awkward sometimes if not all the time for parents and children to speak about sex, and it's uncomfortable for the parents, and it's uncomfortable for the children, that discomfort is absent. When you are together with your rabbi. the discomfort of course, is very understandable. Look at, as you know, from an ancient Jewish wisdom perspective, which is all that I know, the whole idea of sex is to build connectivity. And essentially the way a teacher of mine put it when I was but 13 or there abouts, it was he said, you know, you know, pretty soon you are going to start going out a new game to meet girls and When you do, you're going to make a discovery, you are going to discover that when you go out with a girl, you're going to find yourself saying things like, where would you like to go. And you will realize that this is possibly the very first time in your entire life that you actually cared about the feelings of another human being. And there you are, in classroom one course one a, that God put in place for proper living by means of a male female relationship. In other words, the whole idea is to build connection and to care about other people. Now, as a matter of fact, in the actual sexual relationship, and again, this this is stuff deeply embedded in biblical thinking. The focus, amazingly enough is not on just You know, it shouldn't be just on the pleasure that you or the woman are getting from the experience and from the encounter. The reality is that each of you is deeply concerned that the other person is enjoying it that the other person is comfortable and happy. That is a crucial part of it. And so, communication becomes essential. Men are sometimes very uncomfortable with women who do not convey any kind of enthusiasm or any kind of pleasure in the process. And women are incredibly frustrated with men who do not communicate emotionally. So again, a difference. Men want to know that women are communicating sexually. Women want to know that men are communicating emotionally. How you feel is empowering. To express. Now, as I said during the first segment, there are going to be things here that may not be applicable to possibly because of your age, you may be a little younger, and you may wonder. But on the other hand, my presumption is that you probably already know considerably more about male female relationships than your closest relatives suspect. And it is uncomfortable with closest relatives because the process that God put in place is a process that is designed to prepare a man and a woman to be a parent. Now, what is one of the things that you've got to know about being a parent? Well, you really have to care about the feelings of somebody else,

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

namely your child and, and when the child is a baby, you've got to be very sensitive and aware of how the child is feeling and what the child is wanting and needing and later on. As the child grows up and eventually reaches even those ages of 10 years old, 23 years old, that is the focus of today's show. Well, it's, their parents have to be incredibly aware and sensitive because very often their children aren't talking to them as much as they used to before that that time period. But that sensitivity is brought about through the sexual relationship. It is a caring about the feelings of the other person, it is becoming really bound up with the other person. And all of this is uncomfortable for us to talk about without parents, and it's uncomfortable for parents to talk about with their children. And partially it is of course, because no child wants to think about what his parents did to bring him into the world. They actually don't want to think about is like too much information. And and parents are of course talking to their children are very aware of that.

But look, the reality is that is exactly how God designed the world. And the reality is that you are here and I am here for the same reason and that is our two grandfathers took a really intense liking to women. And they fell in love with them and they just wanted to be with them all the time. And they wanted to be as close to them as they possibly could and they got married. And and that brought into the world, your mother and your father. And then at some point, your mother and father ran into one another. And your father asked your mother out because he really really liked her. And what did he like first? Well, he initially was struck by how she looked. And there it is. It's that divine sex drive that created a bond between two human beings, the closest bond possible, a bond in which the two eventually even begin to think like one another. And nothing could be, or have been a better preparation for them to bring you into the world. But obviously, it is and can be uncomfortable. In case you want to know how I teach my own children about this area. The way I do it is by teaching them Bible, and it doesn't take very long before what might be regarded by many as sensitive topics crop up, and, and I don't gloss over them we go we go through them and again, on an age appropriate level. But in each case, whether it's Adam and Eve, or much later on things that happened between Judah One of Jacob's sons and, and a woman earlier on things that happened between loft and his daughters. All of these things are there as the best sex ed program the world has ever known. Now I'm really knocked enthusiast of the way sex ed is conducted in guix. And, and I don't mean to hurt your feelings if you happen to attend a GIC, which is what I call a public school is a government indoctrination camp. I don't mean to hurt your feelings on that. But in the real world, the way things are. Most people of the age of school going age K through 12, attend GICs, they just do, and that's fine. As long as you are aware exactly of what is going on, you understand and you are conscious of the indoctrination process and that brings us to step number one.

Here you are somewhere on that spectrum you are male and you're between 13 and 23. Step number one, my boyfriend's is you need to put together a little small club, or a mastermind group of like-minded contemporaries of yours, people of roughly your same age also, needless to say, men as well, guys, and you need to have this group. Watch for Well, I'm going to explain in more detail but you absolutely have to have a group like this for accountability and and for strength. How many people should you have in this group? Well,

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

40:46

I tend to go with King Solomon's view in the book of Ecclesiastes, chapter four, verse 12. And look, I really understand you may well be somebody who's never looked at a Bible in your life and that's fine, but it's all It's helpful to know where the person you're in conversation with is coming from. And you and I are in conversation now. So you may want to know where it is I'm coming from. And if you want to look that up, you might be interested chapter four, verse 12, of the book of Ecclesiastes is written by King Solomon. And again, this is this is really good advice. I mean, it doesn't matter whether it comes from King Solomon or whether it comes from Yoda, or whether it comes from the wise man of Gotham. It doesn't make any difference. But what King Solomon there says is that, if somebody starts up with you, and what by that he means not only a physical encounter, from, shall we say, a bully or something like that, no, he's talking about even an idea when an idea grapples with you when an idea tries to take over your thinking. When, when an appetite tends to take over. It's very hard To combat, he says, however, it can be combated if you're not alone. If there are two of you, you can try them over that one. And best of all, is if they are three, because he says the three-fold braided cord doesn't easily break. And, and so I would say you you need a minimum of three people in your club in your mastermind group, your your little group of guys who look at the world similarly to you, and who have similar goals and aspirations, goals and aspirations. To have the most successful life possible to have the most options open to you, when you hit the ripe old age of 23. The most options open and so I would say your little group three, three guys, up to five, I wouldn't go more than five. I wouldn't go under three one or you know one other guy, two other guys, two other guys. Perfect. That makes three of you bad For other guys, it's five of you. Okay, fine, I'd leave it at that. And, and I would not go any further than that. So this is a group of guys. And it's it's not this is not going to be that easy to find. But you, you really do need them because what you're up against the challenges that are facing you the things you have to achieve, to get the most out of this period. No matter where you are, you know, you might be 16, you might be 20, you might be 22. But if you're somewhere between 13 and 23, it's not too late now is the time to find and form a little mastermind group and where you find these guys, I can't tell you because I am not sufficiently familiar with your particular situation. But as we go on through today's show, you'll get a sense of what we need. And what we're talking about is that there are going to be things you have to Avoid, look, it's very hard. I'm going to tell you that right up front, the challenges confronting you now, are massive and significant. But I think that with the mastermind group and with the right guidance, you're up to it and the tremendous difference that it makes in the future, how you will enjoy your life, how you will live your life, what things will be like, and then again, I remind you, that is much more of life from 23 onwards than there is from now to 23. So, no matter how hard you know, you might think of it as if, as if you're in the Marines, you're, you're you're let's say you're 13 years old, you're signing up for a 10 year tour of duty in the toughest roughest boot camp, but when you come out, boy, will you be a man. So

44:55

we're going to now move on with what the first task of your mastermind group is and that's what we're going to do just as soon as we get back. As usual, I would like you to take a look at the website. I'd like to encourage you to make sure that you read some of the Ask the rabbi questions on the website, read some of Susan's musings. And you might even want to subscribe. You might even want to get these in

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

your mailbox on a regular basis, all of that at RabbiDanielLapin.com. The product that is most relevant to the subject we're discussing today is a an audio program called Madam, I'm Adam. And the great thing is it's available for digital download, meaning that you don't need a lot of patience, right? You there are a lot of things I'm going to be talking about that you have to wait for till you're 23 not this this one. You can get right It's called Madam, I'm Adam the website RabbiDanielLapin.com.

46:08

Nice, man.

46:15

Come on down. Welcome, man. We're back on the rabbi Daniel Lapin show and yes, I say welcome men. But what about those of you who are 13 and 14 and 15? You know, surely you are boys? No, not at all. Let me explain to you why that is. First of all, I will tell you that the Jewish people traditionally welcome boys into the congregation of men. When they're at the age of 13 years old, we call that a bar mitzvah. Now to suppose that this was originally intended to be nothing other than a Over the top indulgent party, with a life-sized effigy of the bar mitzvah boy carved in chop lover. No, this is what modern American culture has made of what was actually a fairly serious initiation process. The fact is, that nowadays, when the rabbi in the synagogue on the day of the boys Bar Mitzvah usually begins his speech by saying, Well, today you are a man. He will have to get an accounting for that after 120 years for that shameless sycophantic lie, because I can assure you that the dribbling baby and the selfish narcissist standing in front of him with the accumulated wisdom of 13 years of being mollycoddled by his mommy is very, very far from Man, however, you even if you are only 13, you have just signed up for the Marines. You've just joined the toughest roughest boot camp, the next 10 years, you are engaged in building your life right now 10 to 23, those 10 years. And so, as soon as you sign up for boot camp, you're not a boy anymore. You are indeed a man. So that's why I say welcome men, we are ready to get to work. Now, I indicated in the previous segment, a very important program your very first task, which is to start forming a mastermind group. Now, you may find that you started off with only one guy, and then eventually, you are able to find a third guy who fits in and that'd be great. And you know, after a little while, that's it. Have you might identify a fourth guy who would be perfect, sign him up. Now it could also happen that one of the original members drops out. You don't mean he just can't take it people drop out of the Marines that happens? Well, what you do is you try and replace him and try and bring the new member up to speed. But this private club, this little mastermind group, and it's not something that that gets talked about a lot you you meet, you might have a if you use a smartphone, you might have a whatsapp group on it or or an email group, whatever it is, you will find the best ways to communicate between the three of your the fourth or the five of you, but hopefully not more than that. Why? what's what's happening? Why is this so important? Why is it absolutely indispensable? I, I would even recommend, you can stop the program right now for a few days or weeks until you've formed your little mastermind group because you're going to need it Before what comes next, let me explain. Again, I scoot back to scriptures and again, look, this is something that your drill sergeant in the Marines could be telling you. It could be your Rabbi telling you, it could be anybody telling you, but in my case, it happens to be King David straight out of the Book of Psalms, Chapter 34, verse 14, where King David says, turn away from evil, and do good. Why doesn't he say do good and turn away from evil? Because

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

the first step in any boot camp is to stop making mistakes. And then you can start working on doing the right thing. So for instance, let's say you decide that you want to build up your body strength, and there are two things acting against it. One of them is that you just do any exercise, you sit around watching television all the time, when that's what you do. That's a big problem. There's another big problem. And that is that at every opportunity, you sneak down to the refrigerator, and help yourself to a few more chocolate cream a class, or whatever it happens to be your weakness. And, and so now should you start exercising, King David and me would say no. First of all, turn away from evil, stop doing the mistake, stop doing the things that are holding you back. And the reason is that if you don't tackle it in this direction, the likelihood is that you will begin to get discouraged because it's not going to work as smoothly as it can. Don't forget, you need small triumphs along the way you need little victories along the way in which to boost yourself and with which to encourage yourself so the what what are the turn aside things are a whole lot of really, really tough things. And that's why I said don't even embark on this until you've got a mastermind group until you got your group of friends with whom you can talk openly and say, you know, I'm I'm having I'm having real trouble. And don't feel bad about this because each time you do that, you're encouraging the other guys to also open up and and draw on the full support that the group is capable of giving. And remember that, you know, one of the biggest challenges and

52:32

with God's help, you should never face this challenge. But one of the biggest challenges that people face men more than women is alcoholism and addiction to alcohol. And without a lot of time spent on on why that is, I will just point out you heard the word spirits for alcohol sometimes in some stores that have shelves, marked wines, and then they've got some more shelves marked spirits and those are you know, whiskies brandies, vodkas, and all those other distilled things. Well, the original name for alcohol was spiritual. That was the Latin name that the early monks gave it. And the reason was they recognized that alcohol satisfied a spiritual yearning, not a physical yearning. Now, after a while it can become a physical addiction. But the reason that men will sometimes turn to alcohol is because, well, it's not. I don't want to overstate this, but it makes sense for me to tell you that it has to do with having misspent the the years from 10 to 23. That's really, really what it is. But basically, when men feel bitter, they feel their lives are wasted when they feel they're not doing what they should be doing. Alcohol dulls the pain. It's a spiritual south and the struggle against our Alcohol is tremendously difficult. And smart people know that it cannot be accomplished without friends. It can't be accomplished without a group. And in fact, they even have a name. For the group. It's called Alcoholics Anonymous or a and many, many other groups have been built on the model of Alcoholics Anonymous. And, and the idea once again, is you have to have somebody to phone or text or contact when you're feeling yourself dragged down when you feel yourself pulled in the direction of something that you've already decided. And this is a battle between head and body, right? It's a battle between, I sometimes say between head and heart, your heart is pulling you to do something, your head is saying, This is not what I want to do. That's the time you need to contact your version of Alcoholics Anonymous, your mastermind group because the hot pools you know, Woody Allen, who is a brilliant Make I mean, he's really very talented, but he's also not a very successful human being is a successful filmmaker, not a successful human being, and made a lot of bad mistakes in his life. But at one of the types of mistakes where he was

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

involved in a sexual relationship with a woman, he should not have been engaged. And people said to him, What are you thinking, you know, how did you do it? What happened to you? And he said to them, He shrugged his shoulders, and he said, the hot ones with the hot ones. And it's, you know, it's a sad response. He's basically saying my head couldn't control me. My heart once what and that's true, right? The heart wants what it wants. We know that. But what we're talking about is how to build up enough strength to make sure that the head rules what you do, not the heart. I mean, that's the that's the crux, that's the key part of it. And I will tell you that even later on when it comes to professional success at work at a training at education, the biggest problem and and this is the separation and if you look at men who are making success of their lives and men who aren't one of the enormously significant distinguishing features is self discipline. Self does. In other words, are you capable of running your body on the basis of what your head says? Not on the basis of what your heart says. And I again, I can't emphasize this enough. That is one of the chief tasks you have awaiting you during the 10 years 13 to 23 building up self discipline, training yourself to do what the head says not what the hot ones because we all know the hard ones were the odd ones and it's usually not good for you. I'm not saying there's never a time fought in romantic relationships is a tremendous role for hot In, in giving compassion and sharing and helping people, of course, there's a role for heart. But in governing the course of your life, the way you follow your map through life, the way you achieve the kind of life you want to the way you want to be at the start is pad at the age of 23. You need to work on self discipline. And nothing is more helpful at this point than having your group with whom you can immediately Connect when you find the heart wanting what the heart wants, and the head is losing the struggle. You reach out for your lifeline, you reach out for your mastermind group. And what is one of the the first things we'll start with with simpler ones. One of the first things is passive activities. I'm not even gonna call them activities. They're passive lists. They're passive things. Predominantly, what am I talking about? Watching stuff Watching stuff now I'm not including reading in this okay? Reading is very different conversation with people is very different. I'm specifically talking about watching video, watching movies, watching entertainment, video games. And again, I'm not going to say nothing at all. But if you happen to have a problem in this area, what you should do is give yourself a month of zero. In other words, let's say you recognize that like many men of your age, you have a tendency to spend too much time watching YouTube, TV, video, whatever it is sitting and watching a screen, too much time doing that you recognize that all right, you set yourself the task along with your mastermind group, one month with nothing, nothing at all. And then when that terribly difficult math which by the way, it will get easier and easier as goes through after that. You can spring back to a normal a normality if you like, you know, an occasional thing. It's exactly the same way as you know, people, there are many people who smoke too much. Now I know that it is. It's common to say no smoking at all. And the truth is that that is probably best. But if if somebody wanted to get himself from, you know, 40 cigarettes a day to two cigarettes a day, there's no question that medically that's vastly superior. The way to do that is to try and go a month with nothing at all, and then go back to two a day, or whatever it is he wants to do here as well. Good thing to try and take it all away. Complete cold turkey. Passive activity, not good for you in a number of different ways. But chief of all, reducing imagination, and imagination is incredibly important. for your future because without imagination, you simply cannot envisage a future beyond what you can see. And this is one of the most destructive things that shackle people to their destructive present lives. They lack the ability to see anything different for that you need imagination, and watching

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

things with your eyes, shows, video games, all of that. Absolutely obliterates your capacity for imagination. Secondly, it ruins your self discipline, because it's passive, you're not doing anything you are yielding to laziness. It is, after all, most comfortable to just lie back and watch something. And we sometimes fool ourselves into thinking, well, we're doing something with video games, we're building up our reflex, don't fool yourself. This is basically a passive activity, even if your adrenaline does flow. And, and so that would be step one, for your mastermind group, a train one Another help one another, overcome passive activities now, that is the King David's turn away from evil, right? Stop doing that. But what's the doing good? Well you can figure out the doing good alternative to that is physical activity, working out, building up your body building up your speed, your balance, your athleticism, building up your strength. These are really useful things and apart from anything else, the entire process of subjecting your body to the pain and the grueling work of a workout also helps to build up self discipline because what you're dealing with is the ability to control your body. And you're going to be wanting to do that with every appetite your body has, you're going to be wanting to do it with the tendency towards laziness. All of these things have to do with becoming a man. And that is the boot camp that you are currently in. On. So, quick, quick polls we're going to visit the website at Rabbi Daniel Lapin calm. Make sure you read Susan's musings, because that is life from a woman's perspective. And, and my wife is a very well I'm I don't have to sing her praises. And now at this point, although I do frequently not only to other people but most importantly to her as well, I really try to never miss an opportunity to express to her how much I appreciate her, how much I admire her. And, and, and part of it is because of how she's able to look at the world as a woman and at the same time, make a case that is compelling for whatever argument she wants to make. All of that is on Susan's musings, which you can see at Rabbi Daniel Lapin calm Comment as I said, the comments to the musings I find almost as interesting as her musings themselves. People do seem to really like speaking about to one another and also, I mean basically the common sections of Susan's musings always full at a rabbi Daniel Lapin calm

1:03:21

Welcome aboard Apollo 13. It may not be Apollo 13. But it is the rabbi Daniel Lapin show where your Rabbi Well, in general reveals how the world really works. But in this particular show, revealing how the world really works, particularly with respect to men between the ages of 13 and 23. Yes, I know, William Shakespeare, as I pointed out at the beginning of the show, makes the number 16 to 23 in there, and that's fine. But the truth is, that one should really sign up for this book. Camp a little bit before 1613 would be ideal. And another thing I want to point out is that Please be aware that I am not paying any attention or giving any heed whatsoever to cultural norms. And in other words today in conversation, and I will be honest with you in this respect, I don't particularly enjoy speaking on college campuses. I have done it most recently, I spoke at Kenyatta College in Northern California San near San Francisco. And needless to say there were huge protests. What occasioned the protests. They put out posters around the campus, saying about Rabbi Daniel Lapin is a homophobe, a misogynist and Islamophobic islamophobe and a capitalist and It was needless to say they disrupted the speech. We somehow we managed to work around that we moved to another auditorium. And I pointed out that, you know, they weren't 100% wrong in terms of being an islamophobe. Well, kinda, yes. You know, when I'm in a public area, particularly anywhere in Europe or in the Middle East, if I'm on an airplane and I'm nervous or worried about some kind of violent incident, who am I thinking of Quakers, members of the LDS

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

church? You know, Buddhists, no, I am scared of Islam. Absolutely. If you wanna you want to, you want to denigrate me and as as an Islamophobe. I think that's going a bit far, but at least there's something to it. misogynist, I don't like women. Come on. I'll leave aside the fact that I'm blessed with six daughters and a wonderful wife. But in the saga I don't even have to dignify that with a response. homophobe skid of homosexuality, scared of what it can do to our culture. I'm scared of what it does to men. Yeah, sort of, I suppose, but not scared of individuals or you know, individuals is a different thing. It's it's the practice, not the person and capitalist. They said I'm a capitalist as well. Yeah, guilty, no question about it. There are a number of things that crop up like this when you speak on a campus, one of them is that in the question and answer session, sometimes a student will get up and start their question with a words I'm offended. And I immediately say, look, that could not be more irrelevant. The fact that you're offended in no way automatically indicts my comments. And maybe I did say something false, in which case you wrong to be offended or maybe I said something rude and hurtful In which case, maybe you As well maybe, although I'm not sure in an educational institution, but the fact that you're offended in and of itself might mean nothing more than you're overly thin skinned and you take offense too easily. So please stop starting a question by saying, I'm offended. Sometimes, people will start a question by saying, What you said was racist, and I immediately spar responded, I said, Look, I'm sorry, but that's totally undefined. That word is meant to silence anybody who disagrees with you. So I reject that completely.

1:07:34

Anything with a word? So at the end, you're racist or even anti-Semitic, sometimes as ludicrous as it sounds. I've been accused of being an anti-Semitic. I dismissed it, and said, Look, if you wish to debate on the merits of the argument, tell me what I said. That isn't correct. But don't give me a label I rejected entirely it's meaningless. It's ill-defined and nonsensical. It's not it's anti intellect. Anyway, I tell you all of this says, you understand that I am not making any allowances for cultural trends. People will sometime that's sexist. You know what, suck it up, I'm sorry, just grow up and understand that not everybody agrees with you. They are different viewpoints. My viewpoint I'm giving now is rooted in the longest longitudinal study of human nature ever undertaken. I call it the 2000 years of Judeo-Christian tradition. And, and when archaeologists or historians look back on the later years of the 20th century, in the early years of the 21st, I think that if Western civilization has survived, which I hope it does, I think historians will say, what were they thinking? What are they crazy? Well, what was with them? What did they think? That's, that's what I suspect will happen about, please understand that I'm going to be saying things that are that would not go down well in polite circles and polite society. And it's up to you to decide which is a better guide to reality, what I'm saying or what the culture is saying out there. So, you know, by by way of disclaimer, I am fully aware that everything or most things I say, are completely at odds with the message that will be beamed at you, by your entertainment by your educational institutions by many of your friends, although not the friends in your selected mastermind group, needless to say, but it is going to be common out there. So be aware. And so for instance, I'm going to say that I believe You should be having in mind, the idea that you will get married in your early 20s. All right, the way I see it, you graduate from boot camp at 23. And you go ahead and get married, that that's that same year you go, now, people are gonna have trouble with that. And that's alright. Like I said earlier, it's not a an all or nothing proposition. I'm laying out the principles. And there may be many

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

reasons why for you getting married at 21 makes sense. There may be reasons for you that made getting married at 28. Makes sense, right? I respect your intelligence and your ability to think with your head and not with your heart. So but again, in laying out the permanent principles, I say, yeah, you should be thinking getting married at 23 Absolutely. It makes perfect sense. Why Well, apart from anything else, you know, do people have such a wonderful time going through the the dating years and having serial relationships, having this deep intense relationship with somebody, and then breaking up six months or a year or two years are in horrible situations Three years later, where you've wasted three years of a girl's life, why do I say wasted three years of a girl's life? Because most girls want to get married as well. They should. And most girls recognize that there okay.

1:11:40

Political Correctness warning. All right, I don't I don't really have to issue warnings I'm not going to, but girls start off with very high value, and year by year that diminishes now. I'm happy that I encouraged women to turn off and not to Listen to the show because this can be hurtful and I don't want it to be I really sympathize. But this isn't me. This is the way we were created. This is nature. The fact is that, you know, imagine a guy getting married at 23. Would he rather marry a 19 or 20-year-old or a 29 or 30 year old? It's not even a question. Now, I know there are many women who say, Well, I don't want to be married for my looks. I want to be married for the total. Okay, fine. I'm not gonna waste any time on all of that. That's the stuff we hear out there and I don't feel I have to accommodate to it. Bottom line is that

1:12:43

for girls, the the passage of time is serious if the goal is to be married and to have a family which is what it is for most women. Although again, many women think it's okay to waste their late teens and early 20s In a sequence of unsatisfactory love affairs and sequential makeups, and breakups and hookups and breakdowns, and then finally, find a nice guy to marry when they're 25 or 26 or 27. Well, I am telling nice guys or nice men, you guys, I'm telling you don't look at that girl, you can do better, because you are a man. And you are a graduate of the toughest boot camp in the whole world. This one right here. You do not have to have a girl who has been damaged by all of those affairs. And don't for one moment think that she isn't but I'll probably come back to that in a little while. For now, however, understand that I'm going to be moving on to some of the other things you want to be able to avoid. Remember I said from the book of Psalms Chapter 34 verse 14, turn away from evil, and then do good. And we spoke about passive activities. And I want to speak about the cultural message, you've got to be able to turn away from the cultural message, you've got to be able to develop the courage and self-confidence, self-confidence critical. You've got to have the self-confidence to be able to say, I'm sorry, I don't care if everyone's saying that. I don't care if they try to shame me into buying into it. It's a lie. The message is false. I'm not going there. So building up your strength to resist the cultural message the cultural message you're going to hear is that patriotism and the whole concept of the nation state are obsolete. We you know, as Mark said, Workers of the World unite he didn't say Americans are the world unite or Russians the world unite. The International was their song that John Lennon sang imagine, you know, there are no boundaries and no nations. That's what they really believe. To recognize that your family is important, your nation is important. Your country is important. Your religious family, your faith, family, these connections are very important. And that's part of the cultural

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

message ignore all of that. It's just the individual or else they'll tell you you know that it's identity politics, you must identify as a this or as a that hostility to capitalism, hostility, making money, hostility to the free market, that's part of a cultural message. toxic masculinity. That's another big one. Right? But to be a man, if something is somehow wrong, you are hearing from me precisely the reverse that being a man being masculine. Yes. And that does mean sometimes suppressing feelings does mean that sometimes you don't go crying to mommy, sometimes it does mean that pain suppressed, as stiff upper lip is maintained. Yes, it does mean all of those things. And if those things are masculine, yes, we want to see more of it. We have to reject the cultural message that masculinity is wrong and evil and terrible. Do not bind to the notion that all women want is equality. And no, that isn't true. What most women want is a man they can look up to a man of self-confidence, a man of morality, a man of honor, and a man who is masterful and in control. You have to become Batman, and other things to avoid. And all of these things are tough to do. I'm obviously building up to the hardest one. But if you thought these are hard white, and self-destructive behavior, right, there's there's a whole lot of that risky behavior behavior. That involves drugs and alcohol. I don't have to spend any time telling you why those are destructive. All I have to say is that there will be intense social pressure. Whether it's marijuana, if you happen to live in a state where it's becoming legal in their marijuana stores, you are going to be subjected to a lot of pressure. Do we have to spend time on what's wrong with marijuana? The truth is that on the overall I'm not sure it may not be true. I don't know. I don't know if all the information is in but I do know you need to keep away from it. Why? Because it is an indulgence. It is a yielding of the body to your discipline. It is an undisciplined kind of thing to do. It's sort of sliding into a world that is not a world of reality. We're focusing very much on keeping yourself locked in to a world Have reality. And so, drugs and alcohol, you really are going to have to depend on your friends, you're going to depend on that little mastermind group as they will depend on you to avoid that doesn't mean these are the only people you socialize with which is exactly my point, you will find yourself among people who engage in destructive behavior, other destructive behavior driving dangerously. Look, I understand you are a male, I understand you are between the ages of 13 and 23. And I understand why insurance companies rate you as the highest risk and they are right to do so. The old destructive activity in America has carried out a whole lot of it by people of of your gender and age group, bungee jumping, right? It would be out of business as an entertainment formers and attraction. If there were no male if Shakespeare was writing every male between the ages of 16 and 23 went to sleep, there'd be no bungee jumping or self destructive activities. For the most part, you are going to feel that same poll and that same urge to engage in high risk behavior. Don't do it. Why? Because the downside is too high. You know, people can sometimes say, you know, I'm going to I'm going to take a flier, I'm going to buy some crypto currency. How much are you going to put into it? I'm going to put in \$500 How much money do you have in savings? I got \$150,000 you're going to put \$500 into cryptocurrency. God bless you take a flyer. But isn't it risky behavior? Sure it is, but the risk reward there is okay. Because if you lose it all, not terrible. The reward may be good. No problem jumping out of an airplane with a parachute. Okay, I know that it's only every few months that you hear a parachute.

1:20:00

But the downside isn't worth it right for the for the adrenaline rush. That's what I'm talking about depend on your mastermind group to avoid the need for an adrenaline rush. It's the same as alcohol. It's the

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

same as drugs. It is a spiritual rush, which you could get from exerting yourself physically and from self discipline, you get a very similar rush as well. motorcycle riding, I'm not going to tell you to never ride a motorcycle because I think it's an unreasonable request for to ask a male between the ages of 13 and 23. And hey, if you don't have any yen for motorcycling, fantastic, God bless you don't do it. But if you are going to do it, nowhere that this traffic don't for one moment dream of riding a motorcycle in an urban area. Do not dream of riding a motorcycle on a road where there are trucks or whether there's other traffic or whether it's fast moving cars. Don't even dream of it. You want to ride a motorcycle, go far out into the country and ride it there. One of the best if you are a motorcyclist, you want to buy a motorcycle, do not buy one without buying a trailer to put behind your car. So you can take your motorcycle out into the country far away, ride it where the your, the likelihood of a mishap is low. And if there is a mishap, in all probability, there's a very good chance of walking away from it because no other vehicles are involved. Now, that doesn't mean to say always, unfortunately, motorcyclists do hit trees. So if you can avoid it fabulous if you have to nowhere where there are other vehicles at all, and stay away from things that even are remotely criminal. Even a seemingly small and innocuous item on your record. You don't need this right now. You just don't need it. at all, so definitely to be avoided. And, and you know, again, this is all just part of risk reward risk management, just making sure you ask yourself at times, is this something my head approves off? Or is this something I'm being talked into by friends? Or is it something I just I feel like the Russia feel like the excitement? I don't want to let my friends down. No, it's okay to be able to say to friends, sorry, I don't do that. Okay, now getting into a discussion of why I'm not going to tell you my philosophy. You guys do whatever you want. I'm not even going to judge you. But I do judge myself. I don't do that. I don't know of a better way of dealing with these kinds of situations. The hardest one coming right up as soon as we come back.

Meanwhile, the website RabbiDanielLapin.com, a whole lot to read about on the website. And also I want you to read about an audio program. It's two hours of instruction. Bible based interactive called Madam, I'm Adam. It's how the first two chapters of Genesis reveal pretty much everything you need to know about male female relationships. All of that at Rabbi Daniel lapin.com. Hello, men, we're back and it may not be Jurassic Park, but monsters do look, no question about it and the monsters we are talking about? Well, it's pornography. It's as simple as that. It is. It is omnipresent. It is, I believe, one of the highest revenue producing dark corners of the internet. In upset, it's out there. And it's also been normalized. You can actually hear celebrities talking about their Consumption of pornography. So the danger here is the normalization of it. The danger is the implication that this is nothing, it's no big deal. There was actually a surgeon general of the United States serving President Bill Clinton, which probably gives you some idea if you remember your history of that period, and who lost her job for encouraging masturbation. Okay, so, folks, gentlemen, I should say Here it is. It's

1:24:39

not worth spending a lot of time on other than to say, this will probably be one of the most urgent usages to which you will put your mastermind group to which you will turn to your mastermind group for help the the urges powerful and compelling. I mean, we're talking about the sex urge The fact that human beings are still on the planet and that our numbers continue to grow. The fact that even in tough times and bad times, the fact is that we have to recognize that for men, which we are, this is an

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

incredibly powerful urge. The amount of self-discipline needed to keep it under control is absolutely enormous. Please do not buy into the culture that you can't help it because you have a sex addiction. Right? Again, this is a very common way of talking. And again, I am not diminishing the role of addiction. But I am saying that along with self-discipline, and along with the help of your mastermind group, men, you can cry You Can Overcome Why should you do so? Well, the answer is that you are looking to gear yourself up for a successful life. A successful life means marriage and family. And it means money. Both of those two things. Well, it so happens that both those things are seriously undermined, by the time wasted on pornography and even more importantly, the actual damage that it does do. It impacts your progress towards these two goals, right? So there is enough research available that I don't have to spend time and you or you don't need me to spend time proving these points and referring you to studies because you all have access to Google. And it's simply not hard to find the information that is reliable the information that is serious The information that is not meant to undermine morality as its primary purpose and Heaven knows there's enough of that out there as well to be aware of that. So the the thing you've got to ask yourself and again, counterintuitive, contrary to politically correct thinking, none of that matters. The bottom line is that the question you have to ask yourself is, is this activity that I'm engaged in bringing me closer to a good marriage and closer to be able to make money? Right, and the answer in this case, obviously, is no, I'm having to do with marriage. I have to speak about something here, which again,

1:27:49

would be awkward for your parents to tell you in the same way that you will one day find it awkward to tell to your children but when When the time comes, I know you will probably find a way of of making sure they have this information as I am making sure you have it now, the information is gentlemen that you really want to marry a virgin. Now, there are a lot of jokes about this, oh, you can't find any road. It's all of that coarseness out there in the culture is something you just have to be aware of, and put out a mind. You want to marry a virgin? Really? Why? Because it makes God happy? No, because it's gonna make you happy. The fact is, that the way the good Lord created us the way our biology works, let me put it this way. In various cultures around the world, we have found cultures in which polygamy works. One man married to more than one woman works, not recommending it. And no matter how much of a man you succeed in, becoming I'm not suggesting it but it works. It's feasible. It can happen. And I've actually encountered it, it can happen. It's as long as everybody is part of the same way of thinking it actually could work fairly well. I actually heard one second wife say, I love the fact that when I have an emergency at work early in the morning, my co wife is going to make sure my kids are have a good breakfast and are ready for school. I know that's bizarre and otherworldly. But yes, it can work. However, polyandry, no society has ever been found to exist with one woman and more than one man bottom line. Men are jealous about their wives and appropriately so. Right. Your wife wants to know that you care about her that she's more special to you than any other woman on the plane. Dammit. And my point here is that when, if nobody would like, in fact, it's in our even legal understandings of what's called a crime of passion, when a man finds his wife with another man, and he kills the other man, there is some degree of latitude, not not in our legal system and less and less today. But for many, many years, there was called a crime of passion. There was some understanding that men knew that if you slept with a married woman, you were running the risk of being killed. And there was a

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

possibility that your murderer would get away with it. Because it was considered to be so unbelievably serious because every man, including lawyers, and judges could put themselves in the position of that kind of marital betrayal. Nobody but nobody wants to think of their wife with another man now

1:31:00

You might say, well today enlightened men understand that they wives will have been with plenty. I'm not paying any attention to today's enlightened thinking, I'm telling you of how the good Lord created you. And what you really deep down will find to be the ways you feel. The fact is that you will have a much better marriage, if you know that your wife kept herself for you. And it is there is no dual standard on this. There's no double standard. Yes, I know that there's no male version of the word slat. I understand that. Player fine. Bottom line is if you expect your wife to be a virgin, then you are going to want to do the same thing. You're going to want to keep yourself for marriage, which is why I'm going to discourage dating. Now you're in this age group, right because everyone else has turned off right? There are no women listening. There's nobody older than 23. There's no one listening younger than 13. And, and so it's okay for me to tell you that I am going to discourage dating. courting is something different. In other words, when the time comes to start choosing a bride, then the time comes to start choosing a bride. But the idea of dating indefinitely as a leisure activity going out with a girl, regardless of whether or not she could be the one going out with her for a lengthy period of time using up valuable months and years of her life, no, you're not going to be doing that man. You're just not going to be doing that. You're going to be coding at the appropriate time. You're not going to be dating. And when it's time for you to court, you're going to want to court women who have not slept with other guys before. You are going to want to have the moral legitimacy to make that requirement to make that demand of your social life because of the self-discipline you've imposed, not only in terms of sexual relationships, but even yes, even in terms of pornography, it isn't easy. But I told you the outset, this 10 year boot camp program, the hottest thing out there, it makes the Marines look like child's play. I don't think it makes for good show listening for me to cite study after study after study, particularly since, you know, unlike 30 years ago, 20 years ago today, it's so easy to find all this material. What am I referring to the fact that there are studies and they are so reliable and so unpopular. They're easy to find, but I mean, they've even made the popular press. I found them in various newspapers like the British Daily Mail have published. But many, many others, which is that marriages where the wife has never slept with anyone else except her husband are reported to be happier. And I know that happy reports are somewhat subjective so they're not as valuable as the next thing I'm going to tell you which is durability. The likelihood of divorce climbs rapidly with every sexual partner your wife has had before you. Now it's not an inevitability and obviously people work on their marriages. What I am telling you is that we're talking about the way to spend the years from 13 to 23. In order to launch your life for 23 in the most successful and happy way possible, you want to marry a virgin. And don't believe the material out there will be Oh, there aren't any, you know, the average American Women have had so in so many relationships, don't you don't have to believe all that stuff, number one. Number two, you don't have to marry an American.

1:35:08

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

You really can depart from the statistics. But the reality is, and it makes perfect sense. By the way, I know that I've read an awful lot in this stuff. I've really delve deeply into it. And I wouldn't tell you something that you could disprove so easily and dismiss what I'm saying what I'm telling you is absolutely reliable. Your marriage happiness and durability, the strength of your marriage, the ability of your marriage to sustain tough times, the ability of your marriage, to go through challenging periods and come out on top. All of that enormously assisted, if you marry somebody who has not been with other men before. And obviously, as I say, you keeping yourself subject to the same form of discipline adds to your moral legitimacy. In other words, as you can well imagine It is a little bit harder to say to him and look, I really I know this is an awkward topic, but I really do need to know and you know, at some point you say this not on the first date or not on the first meeting, but some way on the way you say it and you know, and she, she, she might say, Well, yeah, you know, I am I am a virgin, but like, What about you, if you at that point, cannot say Me, too. The dynamic has shifted a bit not fatally, not fatally. But you're ahead of the game, you are way ahead of the game, if you can actually enter the relationship in that kind of a way. So and now you might be thinking I just spoke about the statistics about the woman having had previous partners. As that number climbs, the likelihood of divorce climbs dramatically. It's shocking. It's shocking what an incredibly significant factor. This is. By the way, living together having sex with your spouse before marriage, not as dangerous as having sex with somebody other than the man you married. But still adding to the divorce risk. Isn't that funny people with Oh, I took her address test drive, you know, we tried it out, makes marriage less likely not more likely, again, understandable because of the you're not building up the commitment, all of these things. You can you're smart enough to figure out for yourself. You can research for yourselves. But yes, previous partners on the part of the man also hurts the marriage. We're talking about the most successful life My friends, if at the age of 25, you are married, and you don't have money worries, and it's because of this course. You owe me a great big thank you because you've got a good life at that point. A great marriage and no money worries and we'll Come to money worries coming right back in just a moment.

The website RabbiDanielLapin.com and you probably if you finding this material useful you probably also want to listen to the program the audio program called Madam I'm Adam decoding marriage secrets from Eden read more about it at RabbiDanielLapin.com and also read my wife Susan's materials called Susan's musings, all of that at RabbiDanielLapin.com back with you and Rachel

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Mr. Owner is what we are putting

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this world to rise above and Yes, that was Katharine Hepburn speaking to Humphrey Bogart in a 1951 movie called African Queen, nature, Mr. Long that is what we will put in this world to rise above. and gentlemen, that is precisely what we're talking about. If, if you are going to have a an imaginary clubhouse for your mastermind group For your club of like-minded men who are going to strengthen one another, and be accountable to one another, and help one another achieve the goal of succeeding in this 10 year boot camp from 10, from 13 to 23, then this clubhouse should have above its door, the

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

saying nature is what we will put in this world and to rise above. Don't let anybody tell you, it's perfectly natural. I most recently heard this in the context of masturbation. It's perfectly natural animals do it as well. Yeah, that's right. They probably do. That doesn't mean it's for human beings. Human beings are meant to rise above nature. Let me be absolutely clear. What is natural. You know what's natural obesity is natural laziness and lethargy or natural clutter and chaos in your life, in your workplace, in your bedroom, clutter and chaos. Perfect. Natural. You know what else is natural rust, decay, peeling paint, weeds in the garden, all of that is natural. You stand a thought nature, you hold out your hands and say halt. No further. I'm here to stop the process of nature, debt. Having debt. Yeah, that's natural doesn't mean you should do it. Fighting your nature is what we're talking about. Fighting nature is what this whole program is all about. Yes, of course there are things that your nature will call you to do. You are a man, and you're between the ages of 13 and 23. Of course there are things that nature urgently summons you to do. But we're the men who control with our heads, not with our hearts. And that is of paramount importance. We have to say ourselves all along. Will this activity give me better marriage? will it give me better money?

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I spoke earlier about sitting around and playing video games or watching movies and videos. Will that give you a better marriage? Probably not. Will do anything for your money making ability? Absolutely not. It runs down your imagination. It lowers your ability to communicate. Now reading helps your ability to communicate, and that is the next point I wanted to make. With your mastermind group. Please give yourselves the target of reading. Basically, you're going to add to your mastermind group, your special men's club. You are going to add the task of book reading. You are going to set yourselves a book to read something you all agree on and you can To set yourself a time to finish it, reading is incredibly powerful for developing your communicative ability. And for making money. Your most important organ is your mouth, you know, unless you're going to be a swimsuit model, or something like that, right? But if Otherwise, your ability to communicate is your most important money making tool, and so you're going to encourage one another in your mastermind group to read and being able to read a book together and discuss it really, really important. By the way, I mean, I know that in today's day, we think of virtual friends, right? How many friends do you have on Facebook, forget all of that stuff. This mastermind group if you absolutely have to, if you're living far away from other people, and you have no choice but for these friends to be online, for these friends to be digital, electronic friends and the only way to communicate them with that way Okay, if that's the only way it's better than nothing and even then please make sure you use the telephone more than you use texting and email. But ideally, these are people these are men you can meet with physically once a week. Okay, please try your hardest, as much as possible to build a group of between three and five of you that actually meets once a week. And one of the things you'll do at that meeting is actually discuss the book you are reading together, the book you're all working on, please take this very, very seriously. It's important and adds an enormous amount to your money making ability. Now, I've told you before that you're going to have to stand together shoulder to shoulder with your fellow men to to resist the cultural message. That money isn't important and that making money meeting identifies you as greedy and evil and bad. Wanting money is a bad thing and capitalism in the marketplace is bad and that employers are bad and and companies and business. This is the message you're going to get all the time that government is good. Business is

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

bad the only way business can be good as if there is enough government regulation. Okay. Again, not going into a political discussion on that now but know that the culture has gone so overboard in that direction that we can move comfortably way over to the other end of the spectrum no regulation bad I understand not all regulations bad some regulation needed they all they all they are bad practices out there. I get that but right now, the mood is so far over to the end of government, good regulation, good business bad. Move back. Just move way back and feel comfortable with that now is making money the most important thing You're not going to catch me out with that simple device. Of course, I'm not gonna say that money is more important than faith. If that was so I would eat non-kosher food, which is less expensive than kosher food. Now, of course, I'm not going to say that. But I am going to say that it's up there almost parallel. Not saying it's of equivalent importance, but I'm saying you have to be focused on a number of things at the same time. Is it more important than family? No, but surely you can be more used to your family if you have money than if you need money, right? Surely. And surely you can be more use to your synagogue or church or faith family if you have money than if you don't. So please get past the hang ups on money. If necessary, you can read my book *thou shalt prosper*. Maybe your family even has one in the bookcase already because it's a huge bestseller and which I'm obviously very happy about. But if you haven't, then you need to get hold of that. It'll help you very much it really more than 100 pages of the book are devoted to how you can overcome these hang ups we have about money, because you do have to be able to be comfortable saying to yourself, is this activity, good for my future money making ability? And you've got to be able to answer that honestly, and act on the results. So for instance,

1:46:32

you might be saying to yourself, you know, I'm going to become, I like massage, I'm going to become a massage therapist. Now. Leaving aside for the moment, the adolescent dream of somebody paying you to give massages to beautiful young women. That's not quite how the world really works, I can assure you, and what what really happens is that it is an activity with very relatively low barriers to entry. You will be competing with people who need less money than you do, because they are going to be people who are not as focused on building a marriage and a family and a life as you are. It'll be people who are going to be comfortably being renters, rather than people are going to want to own real estate, as you are gonna want to do. And, in fact, one of the things you may be wanting to do even while you're in this boot camp of 13 to 23, is already start buying real estate, maybe it's gonna be a fixer upper that you're gonna then own and rent. But these are things you could and should be doing that are really worthwhile doing a whole lot more worthwhile than many of the other things that other people of your age group are busy doing at this point. So feel comfortable asking yourself, Is this good for my money making ability? We've already covered you're also asking yourself, Is this good for my ability to form and sustain a healthy long term marriage? We've covered that the second question is, is this good for my money-making ability, and I'm going to make this video Real simple, everybody. Those are the only two questions you need to focus on. Right? I'm not worried about faith, I'm not worried about family, those are all things that will have their proper place automatically. But the ones that you are being conditioned and indoctrinated against many money and marriage. And so in this segment, we're focused very much on money. Please realize that during these years 10 to 23, you are trying to obtain the highest of the highest level of qualification of which you are capable. If you are capable of getting a degree in

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

computer science, please do not get a degree in gender studies for heaven's sake. As a matter of fact, do not even waste any time at school doing anything, any program that has the word studies after do not do anything. comparative religion studies don't do that history of art studies don't do that. People will tell you Oh, there needs to be the humanities you need to study the arts. And you will get that from the reading you and your group wisely choose to read. Please do not waste time. Don't waste time on those courses. Try to get your highest possible qualification. If you are simply somebody who is not academically oriented, you're not going to be able to get a degree in physics, in chemistry, in mathematics in biology, if you can, please, that's part of the self-discipline. That's part of what you should be devoting these years to go for it, you will never regret it. You will find that you are way ahead in terms of the ability to make money with that kind of qualification in your back pocket. a business degree a serious business degree, a degree with focuses on finance and sales and marketing and statistics, all of those things. Yeah, if you can do that, do it. If you're capable of these things, do them. How do you know if you're capable of them? Ask your parents. Ask guidance counselors, but people who are substantive and can be trusted, and not people who may have their own agenda.

1:50:25

Speak to friends, speak to a religious leader who knows you if you happen to be part of a faith family. And you have a church or a synagogue led by a wise pastor or rabbi, go and ask them what do you think I'm capable of doing if you have any doubts or any questions on this, but sometimes it's also just a question of doing it step by step, step by step, little steps you start off. If you haven't yet finished high school, try and take real high school courses if you can take calculus In your high school, please do it. If you can do some of these courses in physics and mathematics in high school, do them. All right. I'm talking to guys here because I already told the girls to turn off, they're not listening to the show, they'll listen to the other shows that I'll do for them. And I'll tell you to turn those shows on for you. But for you, you're a male between the ages of 13 and 23. Do the toughest courses you possibly can demand as much as you can for yourself from yourself. And, again, you're gonna have to turn to your mastermind group to support for support and to support one another in tackling some of these very, very hard courses. But that is going to make a huge difference in your money-making ability. And you really want to work on that. I cannot stress how important it is in the face of a culture that diminishes the impact Since in the final analysis, what the culture is really telling you is, don't worry, you can depend on government. And don't believe that for one moment.

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Okay, go for the hardest qualification you possibly can. And ask yourself when anytime you're spending time, anytime you are going to be doing something you say to yourself, Is this good for my money making ability? Is this something I'm doing that strengthens my connection with family? Yeah, that's a good thing. Is that something that strengthens my connection with God? Yeah, I think that's a good thing as well. And I take those as Givens and for granted, in spite of the fact that many of you may simply not be connected to to faith that just may not be a thing for you. Some of you may unfortunately have less than ideal family circumstances and I'm very sorry, but that you know, some people are like that people have to deal with that. handicaps, everybody has handicaps, there's no question about it. If you are blessed to have a strong faith family and a strong real biological family, then you have other

## The Rabbi Daniel Lapin Podcast

**Episode:** *The Ten Years of Your Life that You Want to Redo*

**Date:** 08/07/2020 **Length:** 1:56:56

challenges as well. There's no question about it. Challenges are an absolute given. The word easy and the word life do not belong in the same sentence. Life isn't easy. They are challenges. And if you embrace those challenges and grab them, they make you stronger, and they prepare you more effectively for a happy and successful life. My friends, that kind of brings us to as far as we're going to go, I'd say kind of because of course, there's more. But if you can absorb these things, if you can make these things part of your life, if you can focus on all of the things we've spoken about, and you can devote these years this 10 year bootcamp 13 to 23 or as much of it as you have left to building yourself up in these Then my friends as Rudyard Kipling would say, and that's something, by the way for your reading group for your mastermind group read stuff by Rudyard Kipling read stuff by Joseph Conrad, one of the poems of Rudyard Kipling is about then you will be a man, my son, and I don't think I can finish off this conversation I've had with you men, without concluding with those very remarks. So if you will allow me The poem is called if by Rudyard Kipling, if you can keep your head when all about you are losing theirs and blaming it on you. If you can trust yourself when all men doubt you but make allowance for their doubting to, if you can wait to not be tired by waiting or being lied about don't deal in lies or being hated. Don't give way to hating, and yet don't look too good nor talk to wise. If you can dream and not make dreams, your master you You can think and not make thoughts your aim if you can meet with triumph and disaster and treat those two impostors just the same. If you can bear to hear the truth you've spoken, twisted by knaves to make a trap for fools or watch the things you'll give your life to grow can and stupid build them up with worn out tools. If you can make one heap of all your winnings and risk it on one turn of pitch and toss and lose and start again at your beginnings, and never breathe a word about your loss if you can force your heart and nerve and sinew to serve your turn long after they are gone. And so hold on when there is nothing in you except the will which says to them, hold on. If you can talk with crowds and keep your virtue or walk with tings nor lose the common touch. If neither foes nor loving friends can hurt you. If all men count with you, but none too much. If you can feel the unforgiving minute with 60 seconds worth of distance run Yours is the And everything that's in it and which is more, you will be a man my son. And so, that is really how I look at each and every one of you if you have gone through this program and you are dedicating yourself to live the most of this boot camp and live the Rudyard Kipling poem if and live everything we have discussed in this show, then indeed, you will be a man my son, and I cannot think have a higher form of praise. So until we are together again next week, I wish you a week of good health and prosperity. Until next week, I am your Rabbi. Rabbi Daniel Lapin.

1:56:53

God bless