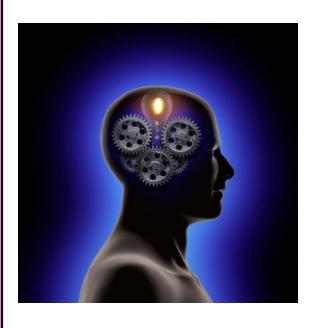


Everything You Need to Know



- DISC describes 4 styles of human behavior.
- 2. Describes what energizes or deenergizes an individual.
- 3. Observable language described as far back as ancient Greeks.
- 4. Neutral language no good, bad, best, or worst style
- 5. Father of Modern DISC: William Moulton Marston (also "father" of Wonder Woman)
- 6. Walter Clark developed 1st DISC assessment
- 7. Hundreds of variations of DISCs
- 8. The best DISC assessment is observation and listening

DISC Do's and Don'ts



DOES help assess team fit, company fit, approach to leadership, resolve or mitigate conflict, improve communication, build trust.



DOES NOT describe or assess skill, ability, or job fit.

THE ABC'S OF DISC

Task-Oriented

Direct

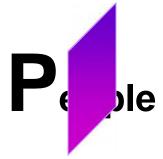
People-Oriented

The Four Styles









4 Dimensions of Normal Behavior

- Dominance ("D" Factor) How you handle problems and challenges
- Influence ("I" Factor) How you handle <u>people</u> and influence others
- Steadiness ("S" Factor) How you handle change and <u>pace</u> yourself
- Compliance ("C" Factor) How you handle rules and <u>procedures</u> set by others

Descriptors Of DISC

D

S

C

Demanding
Driving
Forceful
Daring
Determined
Competitive

Gregarious
Persuasive
Inspiring
Enthusiastic
Sociable
Poised
Charming

Patient
Predictable
Passive
Complacent
Stable
Consistent

Cautious
Perfectionist
Systematic
Careful
Analytical
Orderly

Responsible
Inquisitive
Conservative
Mild
Agreeable
Unobtrusive

Convincing
Reflective
To the Point
Matter-of-fact
Withdrawn
Aloof

Steady
Outgoing
Restless
Active
Spontaneous
Impetuous

Neat
Balanced
Independent
Rebellious
Careless
Defiant

General Characteristics—Dominance

DDOMINANCE

DESCRIPTORS:

Adventuresome

Competitive

Daring

Decisive

Direct

Innovative

Persistent

Problem Solver

Result-oriented

Self-starter

VALUE TO THE TEAM:

- •Bottom-line organizer
- Forward-looking
- Challenge-oriented
- •Initiates activity
- Innovative

IDEAL ENVIRONMENT:

- •Freedom from controls, supervision and details
- An innovative and futuristic-oriented environment
- Forum to express ideas and viewpoints
- •Non-routine work
- •Work with challenge and opportunity

TENDENCY UNDER STRESS:

- Demanding
- Nervy
- Aggressive
- Egotistical

POSSIBLE LIMITATIONS:

- Overuse of position
- •Set standards too high
- •Lack tact and diplomacy
- •Take on too much, too soon, too fast

EMOTION OF THE HIGH D: Anger

General Characteristics—Influence

I

INFLUENCE

DESCRIPTORS:

Charming

Confident

Convincing

Enthusiastic

Inspiring

Optimistic

Persuasive

Popular

Sociable

Trusting

VALUE TO THE TEAM:

- •Optimism and enthusiasm
- •Creative problem solving
- Motivates others toward goals
- •Team player
- Negotiates conflicts

IDEAL ENVIRONMENT:

- •High degree of people contacts
- •Freedom from control and detail
- •Freedom of movement
- •Forum for ideas to be heard
- Democratic supervisor with whom he can associate

TENDENCY UNDER STRESS:

- Self-promoting
- Overly optimistic
- Gabby
- Unrealistic

POSSIBLE LIMITATIONS:

- Inattentive to details
- •Be unrealistic in appraising people
- •Trust people indiscriminately
- Situational listener

EMOTION OF THE HIGH I: optimism

General Characteristics—Steadiness

S

STEADINESS

DESCRIPTORS:

Amiable

Friendly

Good Listener

Patient

Relaxed

Sincere

Stable

Steady

Team Player

Understanding

VALUE TO THE TEAM:

- Dependable team player
- •Work for a leader and a cause
- Patient and empathetic
- •Logical step-wise thinker
- Service-oriented

IDEAL ENVIRONMENT:

- Stable and predictable environment
- Environment that allows time to change
- Long-term work relationships
- •Little conflict between people
- •Freedom from restrictive rules

TENDENCY UNDER STRESS:

- Non-demonstrative
- Unconcerned
- Hesitant
- •Inflexible

POSSIBLE LIMITATIONS:

- •Yield to avoid controversy
- Difficulty in establishing priorities
- Dislike of unwarranted change
- •Difficulty dealing with diverse situations

EMOTION OF THE HIGH S: Non-emotional

General Characteristics—Compliance

C

Compliance

DESCRIPTORS:

Accurate

Analytical

Conscientious

Courteous

Diplomatic

Fact-finder

High Standards

Mature

Patient

Precise

VALUE TO THE TEAM:

- Maintains high standards
- Conscientious and steady
- Defines, clarifies, gets information and tests
- •Objective "the anchor of reality"
- •Comprehensive problem solver

IDEAL ENVIRONMENT:

- •Where critical thinking is needed
- Technical work or specialized areas
- •Close relationship with small group
- •Familiar work environment
- Private office or work area

TENDENCY UNDER STRESS:

- Pessimistic
- Picky
- Fussy
- Overly critical

POSSIBLE LIMITATIONS:

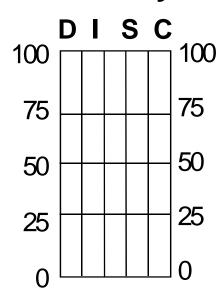
- •Be defensive when criticized
- •Get bogged down in details
- •Be overly intense for the situation
- Appear somewhat aloof and cool

EMOTION OF THE HIGH C: Fear

Reading DISC Graphs

READING THE GRAPHS

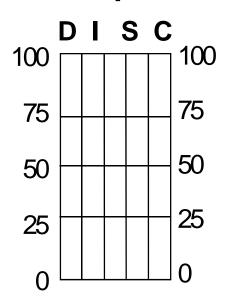
Primary



Your natural state

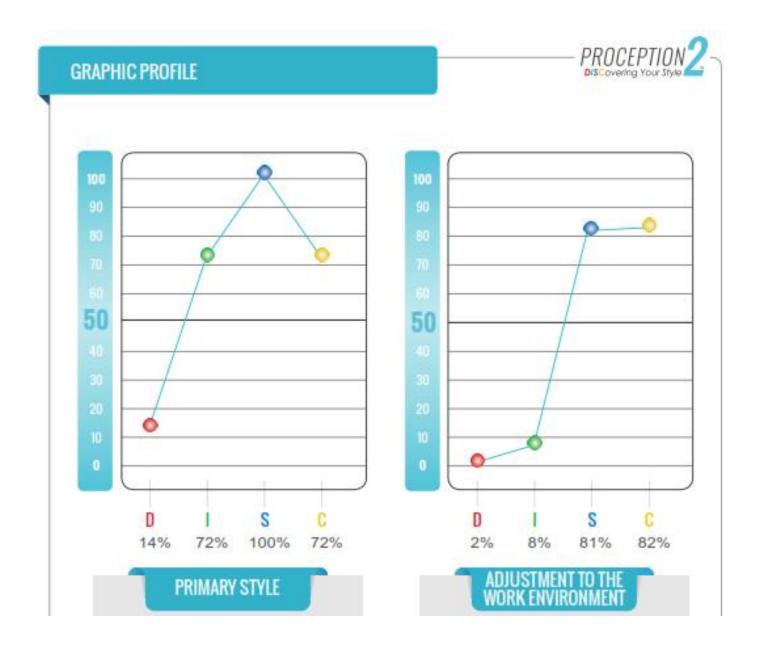
- What you are like when you can be you OR When you are under stress pressure or fatigue.
- Reaction Based on Past Experiences
- Unconscious Behavior
- Least Changeable

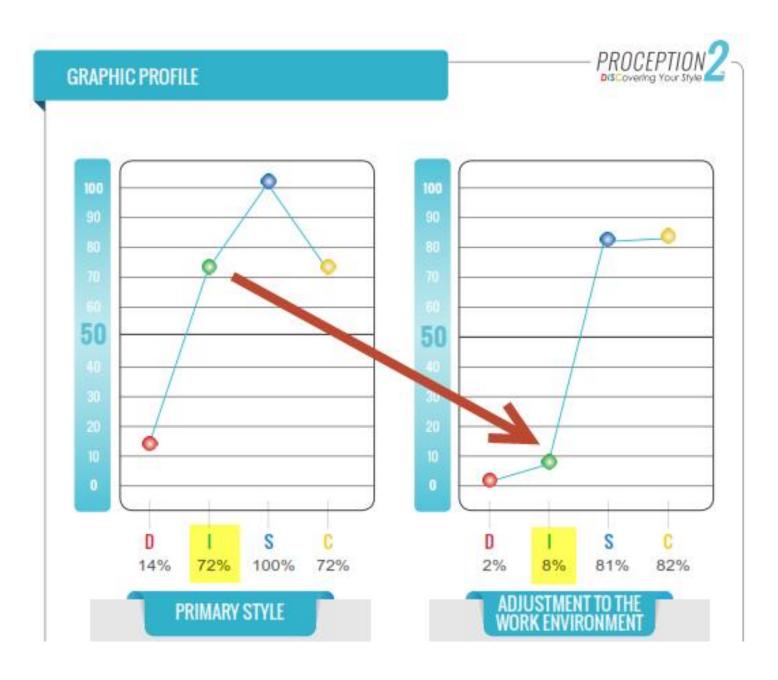
Adapted



What Others Expect

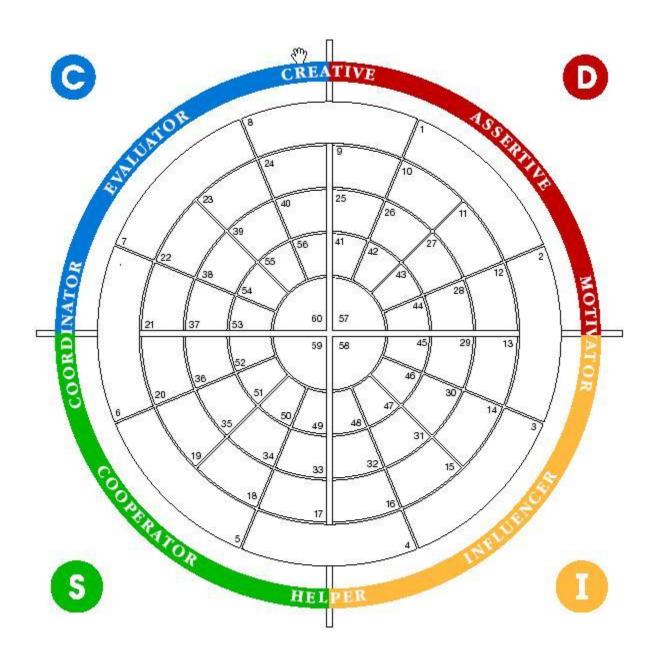
- Your Mask or Game Face
- Reaction to Present Circumstances
- Conscious Behavior
- Most Changeable



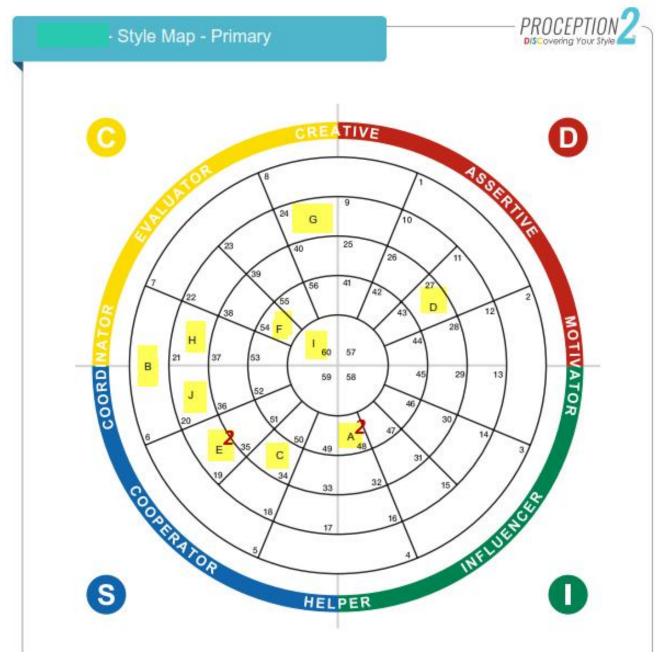


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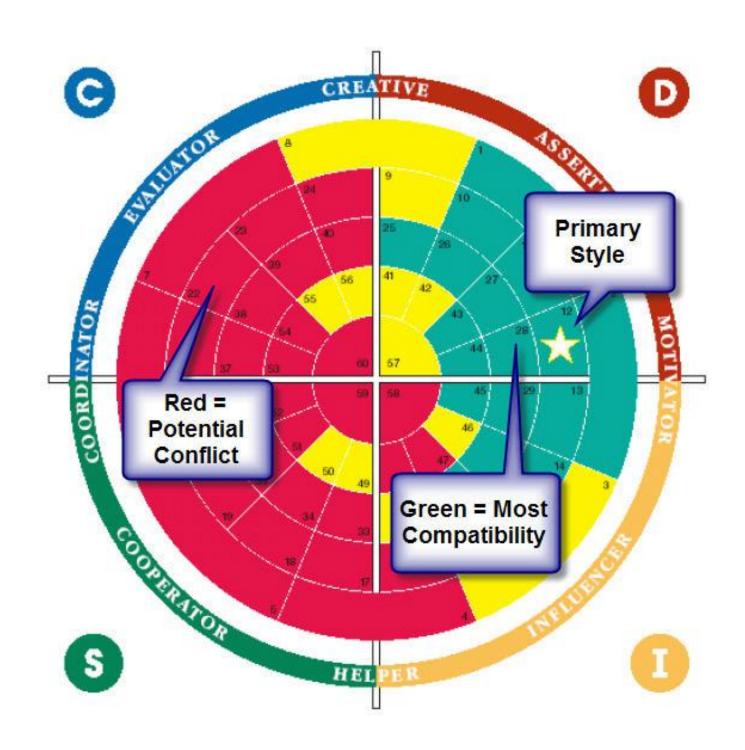
Understanding Your Team

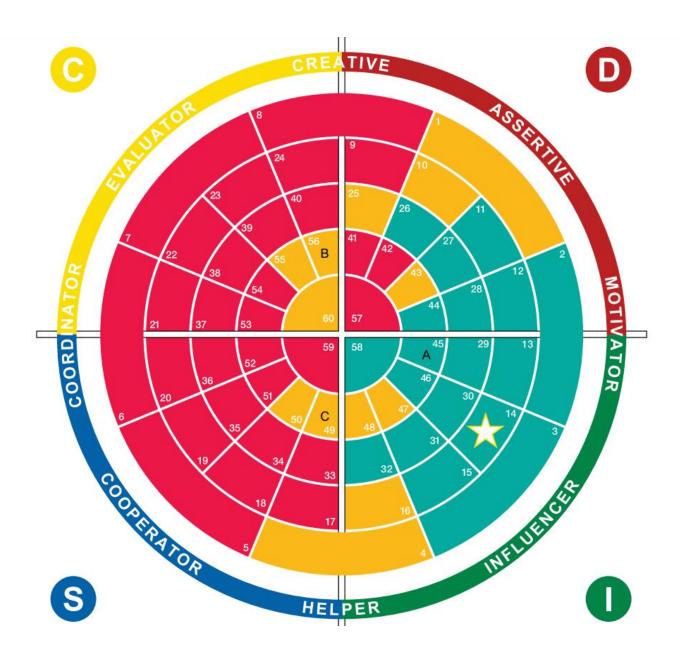


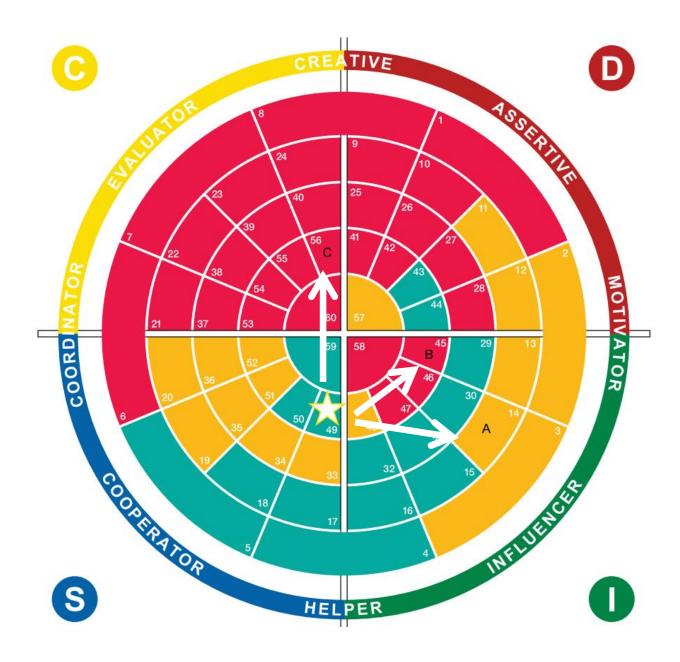
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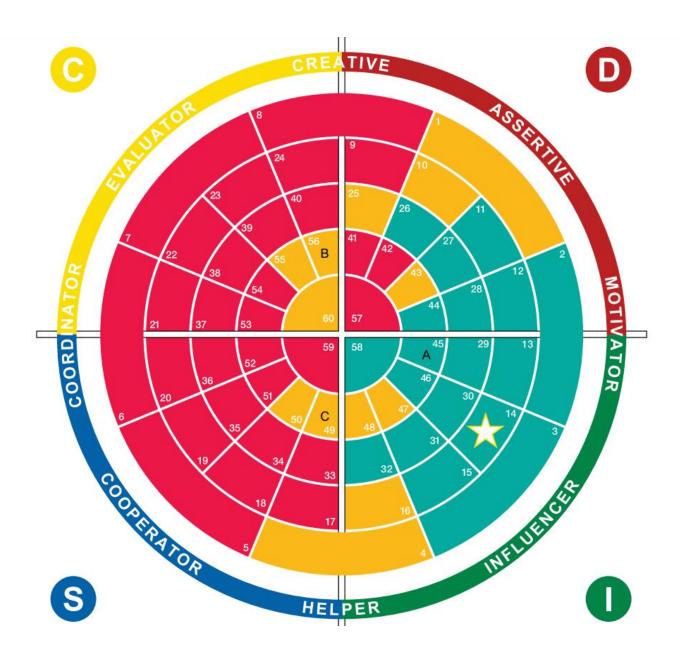


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Top Performing Teams

- Understand the DISC styles
- Communicate effectively
- Become "multi-behavioral"
- Welcome DISC "outsiders"
- Apply the principles of DISC with coworkers, employees, and customers



Contact Me with Questions or Comments

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